

Welcome to Earth

Welcome to Earth. There are bodies of water that stretch farther than the eyes can see, mountains where you can touch the clouds, forests with an endless abundance of food and resources, and more animals and plants than you can explore in 1 lifetime.

There are many kind individuals here- some more kind than others. The animals and human children will feel you and your intentions strongly. When you are full of love, they will feel safe and drawn to you. When you are full of rage, they may share that rage with you or respond in fear.

This world will adapt around you while transforming with you. The weather changes continuously. In some places, you may feel warm and comfortable as if you are living without skin. In other areas you may feel drowned and suffocated in the extreme heat, dehydrating, and potentially feeling burning sensations. There are also places where it is so cold that liquid can freeze midair, your breath will be seen with every exhale, and there will be no green.

Do not worry about these conditions though, your body is naturally built to adjust and adapt to these extremes, and for all that you struggle with, your mind and soul will share tools to assist.

This Earth and your body are in perfect harmony, just remember to follow your intuition, embrace peace and love, only take what you need, give to others, and receive the blessings of love, light, community, and positive abundance.

This world does have pain too. Sometimes a lot of it while other times life will feel quite easy and supported. There is a virus called fear that has spread amongst many humans. This virus has mutated into hate, anger, resentment, sadism, violence, and other acts of abuse. Thankfully, some have immunity to this virus while others have strong defenses against it. Many have received it but managed to heal and gain natural antibodies.

You don't have to be afraid of gaining this virus as that state of mind can increase your chances of reception. Sometimes it is necessary to be infected to heal, experience it, learn, then let go. It has its purpose and recovering from it can make you see life in a new way and help others recover too.

The most common variant spread is the fear of change and loss. Many people want much more than they need because at some point in their life they were taught that this was an essential

goal to move towards and to feel excited about the potential of, or at some point in their life they didn't have enough and they never wish to be in that place again. Many people are afraid of change because this creates an out-of-comfort experience. It makes it so that morals and lifelong beliefs are questioned- many people think their beliefs are their personality and hold onto them for dear life. If a belief or moral is questioned and evaluated, many people will become defensive because the virus created fear of the possibility of ignorance and being wrong.

There is something fundamental and essential to hear and remember; it is okay to be wrong. It is okay to not know something. It is okay to change, even if you believed something or did it for decades. This acceptance of change is the only way to truly grow and learn as a human being. It is essential for peace and happiness.

Please never blame yourself for doing something that caused harm to others in the past if you didn't know it was causing harm or even didn't care because now you care, now you know, and you are willing to open your heart and mind to empathetic change.

Your past does not define what your present can hold. The only thing you are responsible for is the choices you make in the present moment. When you choose kindness, compassion, empathy, and unity in the present moment and you continue to choose this as the present moment continues to happen for the rest of your life, then you will truly complete your life purpose.

So, why are you here on Earth? To spread love. To be the change and ignite positive change in others. To protect your home and all that is natural and beautiful. To choose peace. To reduce suffering. To be happy and spark joy in others. To realize that every moment you make a difference, so what difference will you choose?

Transforming into a Tiger

I lay in a pool of flowy abyss connected to the vast ocean. I felt alone. Everything was quiet. I knew what lay below me; the body of a giant. I knew that I was here, living in this very moment to communicate with this giant and share my being with him, but my fears felt too strong. What if this giant were to take my life by accident or on purpose? What if the deep and dark abyss takes me and I lose my way to the light? What if I fall in love with this place and never wish to arise back to my given home? My fears were building.

I looked below me and all I experienced was a deepness of navy I didn't believe my heart could handle. How can I move forward in this place? I didn't trust myself. Something felt off but I knew I had to dive down.

As I took a deep inhale and felt the cold abyss hugging me tight, I felt something in my heart shift. I closed my eyes, dunked my head, and brought my perspective down. I opened my eyes and examined my surroundings. The dark form of a giant was below, but his form appeared rough in the deep navy. Something was wrong. A sense of calmness and tranquility felt to be severely lacking. I began thrashing. I couldn't do this. I couldn't be here. I needed to go quickly but the surface wasn't approaching me. I was stuck and thrashing, moving yet frozen in time and place. I felt my consciousness leaving me and the shift in my heart started to slow until my beat seemed to fade and evaporate with my will.

I stopped thrashing and held still, the giant was approaching me. My fear was replaced with acceptance at that moment.

That next moment shifted me. A tiger shark was approaching me. Her being came to observe my very soul. The idea of her presence shocked me, wasn't she supposed to be dangerous? But her energy showed me that she was safe and that I could lean on her. She will provide. I gave in to her gaze and as I leaned into her loving spirit I merged with her form.

My limp human form lay motionless close to the surface of the dim light, but just far enough to be deprived of its needed essence.

I breathed in deep within the body of this being. It was a different kind of breath, not the kind I was used to but equally refreshing. I could hear her thoughts as she spoke to me. *We are going to the large blue giant. He needs to meet you personally and feel your soul. He needs to know that you bring love and not destruction. The ones who look like you have taken everything from us and*

have deprived his existence of love as his family passed in plastic vines and toxins. Be yourself. Be love.

I listen and accept the thoughts of this being. I feel the way she moves in the water. I see through her lenses and experience her memories of daily life and the memories of what has been taken.

We hover in front of the blue giant. He looks at us. Once again, peering into the eye of the largest life on this Earth but this time through a lens other than my own, being guided by another. This time I am the observer and the follower. I am a part, not a lead.

The being I am sharing consciousness with presents my soul through her eyes to be experienced by the blue giant. He feels me. He sees me. He relaxes. His body becomes full of love and gratitude. The ocean around his form begins to vibrate and brighten and new light shines through the navy waters, now light and vibrant blue.

He accepts me. Harmony. Balance. Universal love connects us all.

The kind being brings me back to my limp form. I peer at my body from an unbiased perspective, really seeing the organic matter that was created to house my consciousness for this lifetime. I hear, *go back. Finish your mission. Spread love for all and never forget the power of your soul.*

I am back in my body with my head gasping for breath at the surface. My organic matter feels weak and lethargic, but my soul feels awakened. The beautiful tiger shark holds my body to the surface, giving me time to find physical balance once again, and then she pushes me to shore. I lay on the sand and look at the morning sun. I never knew how alive I am.

Infinite

There is a special place that you can go to right before you fall asleep. It is almost as if you are asleep for you are not awake yet you are still conscious. It is a place of lack of thought, lack of anything really. It is not a place that is normally remembered because many times it lasts under a second. But that place is a special place for the emptiness it holds. It can be filled with anything you desire.

I discovered this place one night when I was in the backseat of a car. It was 10 pm on a cool summer night and I had my earphones in, and I was listening to one of my favorite songs. Time disappeared before my eyes, everything disappeared before me, the only thing there was, was music. I was not awake and I was not asleep. I was the song. This was the first time I recall feeling infinite and it was the first time I was unaware of anything except for sound itself.

This experience showed me one of the powers of being human. Since then, I have visited the special place again, but my visits have never lasted as long. I will never forget those moments.

Let You Be Infinite

Let the wind wash away any worries you may have received in your life.

Let the sun cleanse your mind and heal your body.

Let the trees tell you stories and share their wisdom with you.

Let water soak up what holds you back and aid you in going with the flow.

Let fire brighten you up and give you passion so strong it could change the world.

Let the earth fill you with unity and compassion, with love and light, and with the strength to withstand any obstacles.

Let the birds sing you to sleep and send you on a journey to what your heart most desires.

Let the flowers show you that beauty is everywhere.

Let peace and love and all things magical fill you with light.

Let the sky and the stars be your guides and the moon your time.

Let the universe fill you with unity.

Let the feathers show you freedom and animals show you curiosity and hope.

Let you be infinite.

Who are you?

You can be the person sitting on the bench feeding the pigeons, the bird soaring above the sky, or the boat gliding through the water- her sails in tune with all that is around her.

You could be the hummingbird drinking sugar water and moving as fast as time.

You can be the man in plaid or the man in a suit, the naked man or the woman in blue.

You can be the woman covered in sun rays, the man dancing in the wind, or the woman feeling the rain.

You can be the sun.

You can be water.

You can be one with all or all with nothing.

You can be a part of something great or you can tell yourself that you are not.

You can be up or down.

You can be on top of a mountain or in the ocean meeting the gaze of a blue whale.

You can swim or run.

You can sleep.

You can understand what passion or love is or focus only on feeling.

You can focus on all and nothing.

You can be balanced.

You can be light and you can be love.

You are part of everything and with that, you can be anything.