Coded Language

a soft knock on the wall at two a.m. means the retreat of a bad dream: my daughter's code to please come check on me. when I'm there she's supine, looking up at neon stars stuck to the wood slats of the top bunk, her sister inciting the low grind of teeth above. the stars unstick over time, we find constellation parts in bedsheets, on the bottoms of shoes: carried by the upward drift of school and dance and a young prying brother. *I had a nightmare*, she says. I lay next to her and draw squares on her back, a thing she learned to love from her mother, who learned it from her mother. my wife taught me when I met her and I've drawn squares on backs for 18 years now: in a dorm room in Flagstaff in a worn farmhouse outside Madison in a suburb of the valley where the kids grow too fast. I know where I'll draw them next but it's hard to say when. we've always lived in code like this: drawing squares, knocking on common walls at night, three squeezes of a hand when we can't speak. if all isn't code then it's close, and as she falls back asleep I whisper this night's coda: don't hesitate to knock. don't curse the stars falling around you.