

Mommy who are?

Can you believe mommy didn't know who she was at one point and time? Can you believe I never truly learned who I was until I was blessed with two brilliant little humans. The universe seemed as though it began to open up with lessons of joy, pain, struggle, heartache, drive, and strength! At one point mommy was lost, hurt, abused, unfocused, unhealthy, and full of grief. Through both of your eyes I was perfect, I assure you no one is perfect!

Can you believe mommy didn't know who she truly was or wanted to be?! It took heartbreak, manipulation, and repeated lessons for mommy to learn herself! You two were my why and I grew each day, fighting harder than ever before with great determination. I did it because I had two beautiful people watching my every move! Began to lead by example! I was preparing myself.

So baby when you ask me who I am?! I could look you both in the eyes with grace, take a deep breath, and reply proudly!

Mommy is love in its purest form! I am human! I make mistakes and give endlessly with no expectations. I am authentic, not perfect. I am abundant and thankful! Proud of who I've grown to be! I am a melaninated, independent mother, I am a conquer! Thanks to the both of you, mommy is a warrior!

I Wish!

I wish I could have gotten to know the real you!
I wish I could have got the chance to know the mystery beneath the surface you hide.
Although I tried and wanted to heal that beautiful being that stood before me. Only you
could battle the depth of emotions you bottled up inside.
There came a time I had to accept that it just wasn't
my place to help heal your broken pieces.

I needed to heal myself!

It just doesn't stop me from observing you and fully engaged in your qualities. The
moments in your presence are often laced with such glory and to have a front row seat
melts my heart at times! It's your purity in those blind moments that my eyes see but my
heart loves to catch!

Admiring your bravery, your smile, and your strength brings a smile! The beauty that
lies beneath the toughest surface and the more I tell myself to turn away! I see more
and more in you! You're like my favorite melody and as I watch you teach our children
how to play that guitar, I wish I could have got to know the real you!

Shine

Your light! That beautiful light! That light you can't see yet can feel deep inside! Mommy wants you to always protect it! Everyone isn't deserving to be in the presence of your light because that glow, you know that melanin poppin glow?!

Some will try and drain it from you for their own selfish reasons. Don't let anyone take your light or try to dim it! Let no friend or relative disrupt your peace!

If nothing else beautiful girl, know that you are in control of your own happiness! You create your reality! You are in control of your happiness! Stand firm my little queen with integrity! Always carry your morals and great values in your heart! Let your inner beauty shine through your actions!

Honey, mommy wants you to confidently flow! You are graceful and abundant! I pray you know just how kind and loving you will continue to grow! Shine bright, queen!

What is love?

It's a flow!

Like a stream of water flowing to bigger bodies of water. Its like you start from a puddle, leading to streams, ponds, lakes, rivers, reaching oceans with depth unknown, but risky enough to give it a try!

It's a continuous flow filled with unexpected waves. Sometimes a current appears taking you to explore depths darker than the night sky. You know that dark that has you stuck fighting life's remarkable current that can at times drag you under a few notches. Do you keep fighting the current? Do you swim against the current?

Love at its deepest depths can feel like your soul has been hit by a tsunami. Dragging you through the roughest waters!

See love is also laced with a type of calm! Light that comes when you allow your heart to purely open to set sail and guide you! Becoming available to just feel deep emotion! Love isn't always pretty nor has happy endings. That's the beauty of learning to flow and allowing in love! You make room to heal parts of you that were hidden and that allows acceptance! You see how great it is to work through some of loves typhoons. Those pretty crystal blue waters, you know that part of the ocean that flows smooth, gentle, and becomes soothing. That's when you realize there is always a place to go to reset, relax, and restart. It's the cove inside of you! That light that arises shines effortlessly!

See love to me is a flow that can bring lessons. Lessons that help you heal and grow through pain.

When you make it a purpose to flow through understanding and love yourself beyond your wildest expectations you become whole! Love is having an open heart that pours out abundantly from a place of peace. Its gratitude! It's a million waterfalls untamed, filled with appreciation and each moment in flow of calm waters. It's the dark and the light that makes you truly authentic! Love is a flow that's not meant to swim against. Love needs and wants you to flow! Depths of questions and realizations unspoken. Love is all action. It's a flow!

Free

Like the breeze that sends my hair flowing or the sun rays that bounce from my skin. I am free! My voice, laced with tones of mighty glory! As my body moves and twirls through a forest of trees. Flowing in my gold hoop earrings with a sway in my hips equipped to turn hills into mountains! See the universe puts us all together special and just right! So that's why I take each moment and dance to the beat of my own drum!

Slapping the strings to my guitar and taking a break to stretch my finger tips to the heavens above. My backbone slightly bent but you have to know that my spine is strong and as thick as the bass of a maple tree!

Each breath I take is laced with depth that can lead you to light or the darkest seas. I am a wave of variety!

Emotions that run with passion and give a h*ll of a high!
Explosive as the steepest volcano with lava overflowing because honey I am bringing the heat! Flowing into oceans forming thick clouds of steams making it hard for the human eye to see. Creating islands for the generations after me to plate their feet on. To cultivate their excellace! A land united by love and the most genuine pure intentions.

Leaving our mark! Never far behind or hard to find the wisdom or the knowledge my grandkids, grand kids may seek because we are free!