Dear nature

Hello birds I see you there at last It seems that I am drawing near The end of mine own fast

A fast that I assumed By no meaning of my own A fast that has inevitably Left me most alone

I have abstained from thee Seeking other things in life Namely, true connection Through a partner or a wife

But this is all in vain To a sad man through and through Hence why, my dear nature I've returned again to you.

To you where I find calm Simple joy, sweet relief Where to my mind, so readily Comes reason and belief

I love you, my dear Nature I shall never fast again For when your day is through and done You are my only friend.

The bird show

The wind is alive in these grasses An invisible entity as powerful as love and hate A magpie's carol greets me kindly I am now a part of the scene.

The callow larks stray in their paths capriciously Briefly aloft in the uproarious gale of the headland Only to plummet on an excited trajectory back down along the hillscape.

Scores of winglets pouring through the sky And yet they never seem at risk of colliding These animals were born and raised in such an environment of freedom Now they play their part to perfection.

A magnificent bird show, and I am at the centre! It is hard not to feel solipsistic in this scene; the object of orbit But I am only an observer of this phenomenon.

These birds show not a hint of shyness in their performance What an invaluable characteristic of their kind! They hold not the capacity for diffidence This magnificent display is as natural and unaffected as if I wasn't here at all!

I am so grateful for sight That humankind should be gifted with the ability to consciously observe For no other reason than appreciation of beauty Remains the most inspiring facet of life.

Our role as a species should not be domination It should be to use this superior consciousness to observe those who have avoided the hindrance that comes with it.

Oh the joy in their flight! Their speed is spectacular! But there is no competition involved here Instead it seems a gregarious performance of pure life.

Pure life!

This spectacle is an expression of unalloyed leisure I can not fathom any practical motives at play I am surely witness to a demonstration of ecstasy.

And now they have risen ten metres above! And apparently are migrating south Perhaps to find another arena to showcase their brilliant displays of freedom Or maybe playtime is over, and their migration is purely task-orientated.

I think I am a fool to even question the purpose of their flight For one, to know the answer would destroy this novel beauty But also, I am almost certain that their aerial symphony was directionless strictly romantic, decidedly liberated.

Golden light

Yes!

I can see the golden light My mind begins to run the buoyant course of possibility Overjoyed with it all, my life has found its gear

Ah, but my head hurts today.

Oh!

I have found what has been hiding Behind those steadfast curtains is the window to new life At last the time has come to draw them open

Ah, but my head hurts today.

"Carpe Diem!" I hear my treasures calling From beneath their arable soils My hands are keen and strain for digging

Ah, but my head hurts today.

My!

The day to shape all days upon The sun announces brightly: "Rise and sow, each moment is fertile And when the crescent moon peeps its pretty point The time will come for reaping"

Ah, but my head hurts today.

Joy! To be estranged from one's demons United with passion Married to direction

And yet, my head hurts today.

The world of children

They charge me eighty dollars for a coffee Which is served in an empty cup The size of a lemon

They cry when I don't listen Because they are not yet accustomed To going unheard

They run as if they're faster than a rocket ship or plane And they believe it's so Because they have not yet learned To compare themselves to someone better

They row along in candid boats The water rarely breaching the brim Until, one day, it does So that they spend the rest of their lives Desperately bailing it out from around them.

Father

I'm afraid that I won't live up to my Dad That when my son gets dragged by the tide I won't know how to save him That when I stand upon the altar I'll forget how I'm to speak That when my daughter's hair Gets caught in her bike helmet I won't know how to free it Without making her cry.