linearity

today my grandma cried over a document that confirmed the purchase of his old boat that we sold to someone and i realized that grief is not and will never be linear. it has been four entire years since he has been gone and grief still stalks and attacks from the shadows without a warning. one second she was laughing, showing me old papers, this is from 1994 why the heck do i still have it? it's not like i still audit for the local papers!, and then she went silent, and when i looked up her face was contorted by pain and tears and she tried to hold it back but like always, it takes over for a few seconds, she cried onto my shoulders, and i went and cried in my room on my own, my tears a quiet betrayal to the future that i'm trying to find, and once our faces were dry, we both continued throwing away the old papers of the past.

a memoir from forgotten reminders

the blaring of a t.v. set too loud draws me from slumber as chittering voices from *The Today Show* let me know what's hot and what's not for the week. *that doesn't matter*, i think, *what matters is where that recliner once sat is now occupied another*, and there my grandmother sits, laughing and

an old coffee mug that has been filled by a k-duo keurig is now neglected, forgotten - only the single cup side has been used, as the pot is too big for a party of two. what a waste, i hum to no one while i

throw on a maroon flannel, fingering the rips made in the fabric from both him and i. the thermostat sits at a blistering 72 - a measly replacement for the warmth now gone with the body that had once radiated it and

an array of baseball caps sit in dust in the closet, no longer worn on a daily basis. smells of grease and oil, of lakes and playing cards still linger among neglected winter jackets. those doors stay shut and locked and

four years, and it still refuses to leave us alone

somewhere on the mountain side

a bull elk stands, overlooking the vast expanse of snow capped mountains. he does not know what they are named: his purpose is simple. he aims to survive a meek world. for him, life is fleeting, brief, a constant battle never to be won. an eagle screams overhead - the sky an even greater stretch of life; it breathes just as a living soul would. the elk does not understand this, but

i do. i know that the canyons are evidence of mythical storms, that unkempt grasses feed what humanity thinks as pests. that the sky can be angry and joyful all in an hour's life, how it houses rains and storms and clouds and the sun.

here, i sit, looking out the ground floor window that accompanies my bedroom. for me, existence is unrivaled; lasting. i have the authority to guide my life to where ever i wish to be for the end of time. i know that this vast body of water is named lake superior, as i know many names and places and purposes of things. i understand that without the earth and its unending simplicities, all would cease. i understand, and sometimes, i wish i didn't.

memories of a dream from a life past

a chickadee is chirping nearby while i sit on the porch alone, so i reach out and offer it an array of bird seed when a memory surfaces: you and i were feeding the deer, you telling me that the dreams we have in the night are just a memory desperately trying to remind our souls of happier times, of laughter and love, of a joy that tastes like sunshine yellow. a dragonfly lands on a drooping rose, its wings steady. i'm surprised: i have not seen one dancing this year so late, at least not before the brazen sunset, reminding me of you. it has been many years since i cried childish tears before the sun dips below the horizon. you would have comforted me if you were here but instead, i watch dusk being born.

*hidden line by Jorge Luis Borges from Two English Poems

incessant ambivalence

this question i raise: how do i let go? the cherry maple cabinets in the kitchen, the ever-changing needlepoint above the couch accompanied by decor of metal, the back deck's porch swing and it's flitting hummingbird companions are engraved into my skin, embedded into the flesh of my emotions. i want - need - to find a way to continue forward. i'm wavering in my decisions - the ghosts of a lost tooth, a broken bone, laughter of yearly family gatherings remain in my ear; shadows of a hospice bed and it's occupant gone, the yard where decades of dogs have created their own trails (here, mine now leaves paw prints over ones left by my grandfather's dalmatian, my mother's shepherd, my uncle's lab) - they all grasp at me, tie me down into a bed of memories that won't fade eternal, and the door refuses to close. the future spurns to wait for this acceptance just as i yearn to grasp at what i do not yet know the answer - how do i ever move on?

- please, i'm begging you.