

SUBCONSCIOUS

It's the part of me no one can see
At three AM it tells me
Look at the clock with one eye
Will it kill you?
Will you die?
Ten seconds later
Look one more time
Don't be afraid
It's thirty seconds later
You've been saved
Wait, one more time
Just one eye
You won't go blind
Everything's fine?
The next morning?
Rewind
Half asleep, disbelief
What did I do ,what did they think
My stomach fills with ache and sink
The clock
Wink, wink
3AM
Wake, wake
You're forgiven, my mistake
Did you set the alarm, *don't be alarmed*
Is it Thursday?
Wait, Saturday
Did you change the batteries?
It doesn't really matter to me?
Am I late?
Catastrophe!
They'll wait for me
What's the time?
Three?
AM or PM
The clock

The numbers
I can't read them , I can't see them
I wake up, sit up
I can breath again

THE TWO QUEENS

Black butterflies
Black silky flowers
Churning their energy
For the butterfly queens power

In the distance a tower
Through the fields of black silky flowers
The checkerboard queen
Is so rarely seen

The butterfly queen
She knows the truth
The energy they give her recaptures her youth

Lines and wrinkles in her skin
Magic energy
Stops them before they begin

Without a doubt
She can't run out
It keeps her lips full with pout

But, if the word got out
She might lose favor
Of that there's no doubt

The checkerboard queen
Black crown
Black lips
Black nails on her fingertips

The tower top blows smoke
Is it coal for heat
Is it one more toke
Such thoughts it must provoke

She looks through her telescope with one eye
Five miles west

At night with delight
Is when the show's the best

Under the moon
In the black fields cocoons
With no more room
Black beauties take flight
Zig zag zoom, out of sight

The two queens
Separated by five miles
Caterpillars, cocoons, black butterflies
Gave them both
Youth, energy, and smiles

BIG FISH

You put us in harms way
You broke our trust

Honey roasted
Are you nuts?

But, but, but
Crowded room
Virus too
No trust

Be afraid
Be very afraid

You put us in danger
Filled us with anger

Your foot in your mouth
Court jester?
Fool no doubt

Don't exclude me
You screwed me

Don't ghost me
Greased monkey
Toasts me

My crazy behavior
My music
My savior

My statements
No mistake
Make me bake

A vacation I should take

New Orleans
Take a drive

Black cat bone
Voodoo doll
Just for you

Pin pricks
Like a spider bites

Wanna fight
It's my delight

I write stories that I keep secret
You can read this

Please, please
Put me on your to do list

Screw this

I am a big fish

LIFTED

An anxiety attack left me feeling detached

My mind going in every direction

No time to relax

The hands on the clock

Turned to human

Time so unconsuming

The room spinning and zooming

Dreaming a blanket pulled over my head

Everything turned black and then it turned red

Snapped awake

Yet still undead

Hearing unreal tones in peoples voices

My mind this time choosing the wrong choices

Another dream

I landed on Charlies nose

The ticking

The hands

My thoughts in command

Anxiety inside of me

Charlie knows

He confided in me

Always right at my side for me

Like I for him when a storm rages in
Two friends

I knew the whole time I'd make it though
Remain calm
That's what I had to do

Live where you are now
If you must five minutes at a time
I calm and release by writing my rhymes

Taking the steps to get back in the mix
Little by little
My anxiety lifts

JUST A SMALL FISH

Cartier gold love on my wrist
Tissot watch
Blue shark band
I'm not a big fish
I'm not on your wish list
Story teller?
Poet?
Nobody knows this

My story books
Read them
Take a look
You'll be hooked
When the words come I grab them
But, do *you* understand them?

I write words you've never seen
I write words you wouldn't believe

Words you'll *never* read

I'm just a small fish