

When you close your eyes
and look
does your mind create shapes
or just colors
do you notice the shadows
or just hear the movements

When you close your eyes
and stay still
do you feel the sensations
or hear the little details
smell the subtle things
or taste what's in the air

Or

Do you just lose yourself
does time forget about you
do new lands lay in front of you
plans making themselves known
releasing themselves
to be written and created

Do you just lose yourself
to adventures that you want
one day to become reality
laying out the needed steps
to get the ball rolling
and create your future

what happens
when closing your eyes