Not Drowning

On my back like a corpse, enjoying buoyancy, I drift downstream as Amtrak, hooting, passes over.

I wave at passengers from the city, peering down at me with concern.

I wave so they know I'm not dead, but floating. All my life I've waved at passersby.

All my life I've been swimming, not drowning, despite any appearance to the contrary.

Not a God

I realize, now, my analyst is a person. Is separate from myself. Is not a god. And this thought saddens me as I am left without her fire or gilded throne. Alone with just my own simple chair, weathered rungs of maple. And out the window all those stones of winter.

The Orchard on Its Way

I wish it would slow, not the train, but the ponies shivering in a rain-soaked pasture, a hundred geese fluttering in a soggy field, the eagles we saw this morning from a station in Vermont, their wild mating dance—not the train, but the passing into memory—I want it all to last, the chimney falling back to bricks, the orchard on its way to bud, the kiss you gave me twenty miles back.

My Own Hand

It's a cappuccino
kind of day,
my way to medicate,
I've come to understand,
my own hand which lifts to me,
as if to say, *Darling*.

Cavafy

So much work awaits, my small room littered with books, half-written papers, mid-unit evaluations, applications, essays.

Still, I go out, sit in the coffee shop all day reading Cavafy's poems, lost like him to all but the sensuous life.

I cross slippery streets, slide down two avenues through icy tunnels, under low-leaning branches, to reach the old Greek coffee shop.

The great gay poet wrote of his shame, his strong desire for men, could have been killed for his love.

My window seat

offers a view out—or in—

as ice drops

from the roiled heavens.