Poems for Sixfold, January 2019

Only in Las Vegas

"Help the homeless," reads the sign in block letters as bold and black as the frock worn by the old priest who holds it. Behind him the golden glitter of the Mirage Hotel shimmers in the brilliance of the morning sun rising over the eastern mountains.

Not more than five feet away, a young woman in a faded pink jacket thrusts pictures of exotic dancers into the curious hands of the passers-by.

The Coming of Winter

It begins
with the falling of leaves,
dry leaves, dying leaves,
cascading madly to earth,
swirling in a
kaleidoscope of red and orange
against a backdrop of gray,
painting the ruins
of a farmer's fields,
exploding like a supernova,
caught in the frenzy
of the north wind rising,
ravaging the furrows,
stripping away the harvest
until only the skeletons remain.

Trace

Trace the pattern of the drops as the cold rain raps on a window that is full of night.

Flinch.
Recoil like a
child still scared of
monsters under the bed
or an old dog
broken by abuse or apathy.

The beating of the rain is both rhythmic and relentless, pacing the torrid spurts of blood through constricted arteries.

The water trickles downward on the glass tracing the outline of a face with hollow eyes and open mouth.

Then the water turns and drains, dripping into sodden muddy earth, leaving nothing behind on the glass but the emptiness.

This night, cruel as a voodoo curse, will be long. This night will be drawn out like the blade of a sword. This night will be eternal.

Terminal Wean

The group gathers just after breakfast – three daughters and their black sheep brother in from California. Grandchildren begin to leak out into the hallway. All young adults now, they wait their turn to make peace, to say a tearful good-bye.

The decision to remove the life support had not been easy to make — feelings ran deep, too many sleepless nights, too many angry words.

But the weak heart, the bloated lungs, the massive stroke had all worked to humble the old and frail body, lying so small and helpless in the high tech bed. Now the family stands united.

Some seem resigned; others fight back tears, seeking comfort from the strength of their memories buoyed by grainy photographs shared on smartphones passed back and forth.

The early spring day is cold and damp – a few snow flurries finding wings before melting away. Various caregivers move purposefully in and out of the crowded room, following routines that seem meaningless yet comforting. At the appointed time, a hush falls over the room – the morphine is started, the ventilator removed, the silent vigil begun.

In ten minutes, it's over – no struggle, no pain, no regrets, just simple peace at last. The family members hug each other, thoughtfully thank the caregivers, then slip one-by-one from the building, becoming quickly lost

in the gray backdrop of another early spring day.

El Dorado

A search for gold is a search for strength (Poe understood this only too well) – the strength of a miner's lamp against the dankest darkness, of a block of timber in the deepest shaft, the strength of water rushing toward the Earth's end where all things go to die.

Unlike Poe, I have stood knee-deep in that cold uncaring water, tin pan in hand, searching for the inner strength to continue the quest for that glittery illusion that makes a mockery of old age.. But in the darkness it drains away with the water.