Note: This document contains five poems, one on each page.

Maiden Name

It was never mine The name you gave me Only half an echo of who I am

The ones who birthed me stamped In my face and hands but Never in my name

A name that changed again But still Was only ever borrowed.

What then, belongs to me? How will the children know That I am theirs?

The Screaming Pillow

Women are not allowed to ask for help.

Bad wife Bad mother Unwilling to take care of anyone but myself.

I have no more self left.

Dinner on the table Client meeting Homework done Clean clothes and bodies Urgently needed No red dye Project manage You'll give them cancer

High heels in the office Barefoot in the kitchen A different kind of cancer.

I fluff the pillow And scream into it.

The Shrine

Grief hangs limp and humid clinging like the air.

You breathe it in reflexively.

The world around continues. Normal. Cruel.

We walk into the shrine on Hope Street too far gone for a miracle.

But here at least the weight of grief is shared with strangers who light candles too.

It will not get better. But it will become normal.

Cruel.

The Osprey

l do not like vultures.

Passive scavengers picking over the bones of someone else's misfortune tearing into bloody morsels like church ladies do with gossip.

I prefer the ospreys.

They do not dwell on the bones of death as they hunt the living.

Their eyes pierce murky water plucking writhing prey from the depths below they return to their nests triumphant.

The Stray

I do not want the cat meowing pitifully at the door.

One more living thing When I can barely take care of myself.

But I let it come in out of the cold anyway.

Now it sleeps At the foot of my daughter's bed.

Curled up in the same way I wish my broken heart would rest.

Knowing it is safe.