

Mental Vibration

It was your walk that briefly caught my attention
yet your thought process is what has kept my attention...
The way that you think of your future possibilities,
the way that you seek the good aspects in me,
The way that you trust your heart into loving all people
while protecting it enough in case they don't treat you as equal
You make it look easy to forgive those who hurt you & move on
I must say, there are countless ways in which you turn me on...
Our conversations give me energy like I'm a kid all over again,
Your intellect mixed with your humility
has me wanting to be more than just your friend,
I want to press forward & see where the depths of your love end,
yet the thought of losing your trust is something my mind can't comprehend
So I play it cool, for now...& enjoy every moment in your company,
enjoying how every note in your voice sparks emotion in me,
enjoying how my eyes are glued at how you carry your physique,
sending electricity to my brain waves to the point where I can no longer speak...

Youthful Connection

I have to stay connected to our youth...

I've been to countless funerals of teenagers & 20-something year-olds
and that indescribable pain never gets old...

I dread seeing the faces of parents and grandparents
as they lay their flowers on top of the caskets,
and then I attempt to comfort them as they try to regroup
from their loved-ones unfortunate passings...

I have to stay connected to our youth & inform them that
death is the only thing that you can't rebound from,
that there's nothing cool about living & dying by the gun,
leaving your parents crying helplessly over the
deceased bodies of their most prized possessions,
that you're worth much more than being pierced by the bullets of guns,
that you're worth more than the demeaning words told to you by some of your loved ones,
that to the ways of the streets you don't have to succumb,
that there are many other ways you can live your life besides these detrimental ones...

I have to show them that part of maturing means sometimes
walking away from a situation before anymore damage can be done...

You're better than all of that mess young man and young lady,

I'm begging you—please stay connected with me
and other role models who think similarly,

and allow us to inspire you to become the kings & queens God created you to be.

Rare Breed

“For you created my inmost being; you knit me together in my mother’s womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.”

-Psalms 139:13-14, NIV

Despite all of your past mistakes,
despite your former or regrettable lifestyles,
Do not believe in the deceiving lie
that your life isn’t worthwhile,
that your life is over and done with,
that nobody could ever love you,
or that you’ve dug a hole beyond filling,
because God still unconditionally loves you.
That’s right—God still loves you as a being,
He still desires a personal relationship with you,
He wants to use your past as your testimony
to assist in fulfilling his divine purpose for you.
You are not here by mistake,
in fact, He took his time on each detail of you,
so that makes you quite a work of art, a masterpiece,
no one could ever duplicate you...
If you’re feeling like you’re so far from God,
just remember that He never gave up on you,
it’s always a short trip back to him
and his presence is never too far from you...

It starts with repenting and asking for his guidance
on what steps you should take and what tasks you should do.

Men's Appreciation

Shout-out to all the men who are working hard & handling their business
trying to reach & teach the younger men the importance of staying out of mischief
The men who get up & walk their kids to school, making sure they get there safely & on time
and then pick them up & help them with homework before their bedtime
The men who do their best to raise their kids in ways to build them a better future
and teach them there's much more to life than always sitting in front of a TV or computer
The men who work diligently to provide,
The men who uplift the woman who's by their side,
The men who choose to lead by being a positive example,
The men who build their houses on firm foundations & protect their castles,
The men who trust God to help guide their families,
The men who constantly display love & humility,
The men who don't lash-out & become detrimental
whenever we face tough situations & our burdens become heavy.
I see you all. I support you all. I commend you all.
It's an honor to be among you all.
Keep your heads up & God bless you all!!

Rough Starts

I'm just not feeling it today...

Been feeling out of sync since the moment I woke up,

I'm already distracted by multiple things and the sun ain't even up

Already running late for a couple of appointments,

today I'm just feeling like I'm a big disappointment...

Don't feel like being a positive person,

I just feel like swinging my fists and cursin'

Been reading a couple of guidance books and devotionals,

frustrated that it feels like the lessons haven't taken root at all

I feel like I'm distant from my heavenly father,

I don't feel his presence and it's got me quite bothered

Today I don't feel like being a soldier in the Army of the Lord,

today I don't feel like wielding my indestructible sword

Pray for me, because I don't feel like fighting and being a good soldier,

but the love of God is what has kept my heart from becoming heavy like a boulder...

I know very well that I am far too blessed

to allow this feeling to dwell throughout the day

and indulge in its mess...

I can hear the Lord saying,

"Wake-up King!!, this is only a test."

"Wake-up Queen!!, this is only a test."

"Rise-up out of that place of shame, doubt and duress!!"

"Get back to fighting the Good Fight and continue to press--

and get ready for the new thing I'm about to do in your life next!!"