The Slow Escape

This is the part where she curls in on herself in a slow, fragile dance Houdini would despise. It's been going on for years, a nightly performance with an audience of one or two, rabbits pulling us out of their hats, something clearly up their sleeves. I know some tricks, too: I catch the moon in a bucket, pull a frog from my throat, yell until I'm horse and gallop away. Nothing helps. Houdini locked himself in a milk can with a hidden hollow space so he could breathe while he picked the locks. You want trick handcuffs? Marked cards? Loaded dice? I don't have any. This disease knows all the secrets, anyway. Now, pay close attention. This is the hardest act yet. The main actor does an imitation of my mom as she smiles and laughs and lulls me with her patter, fading into a nothingness even Houdini could not escape.

Two Toothbrushes

She sang that crazy song when I was five: two toothbrushes fall in love, marry in haste, share the same toothpaste. How I'd brush and brush just to keep her singing. I am the blue toothbrush and she, the pink. She is such a sweet toothbrush. We've met somewhere before, by the bathroom door of my memory, my elbow jutting gently into her side with each brushing motion, and once I was the pink toothbrush glowing from her attentions, my nylons bristling and whistling.

I tell myself this song keeps her healthy. Or maybe I'm singing to relive that moment when I was still her child.

In the Beginning

they ask when she was diagnosed as if that was the beginning as if one day one noticeable event one small symptom drew our attention and we could pinpoint the first moment of her memory loss beginning middle end a logical concept we only know middle time sliding through time no evident trigger no first domino signs piling up until they erupt into diagnosis we try to create beginning out of chaos but chaos already was

Solitary Alzheimer's

When the wind turns and says in my mother's voice *I am solitary next to you*,

I think these things:

She is two-thirds empty and one-third loneliness. And the two-thirds are her past and her future.

Or maybe its three-fourths exhaustion, her senses struggling to keep up. Or perhaps she is an instrument of God.

When the wind turns cold and says in my mother's voice *I am solitary next to you*,

I remember these things:

A mother's love is bananas and sugar mashed in milk, one cup worry, a pinch of grief, and what's left over

sweetens the scones and conversation we shared.

And dreaming? Behind her drooping eyes is a place that is whole.

And loving? She kisses me as if I've been away for years.

When the waves of wind that rattle my windows say *I am solitary next to you*, I know it's me

or my mother through me, asking,

Can you handle this loss? Will you forgive yourself if you break?

Strange. A misplaced mother. A distracted daughter. A wind with a voice. And my heart talking to God.

after Li-young Lee

Lemons

Eight lemons fill the sink plucked this morning from my tree which we planted when we first arrived.

I wash them,
roll them on the counter
to make them pliant.
A scented mist erupts from their peel.
From one, I cut a small wedge
to reveal delicate flesh
as we are commanded
because the Land is holy.

We squeeze the lemons, drink our fill of tart juice, grate the rind for zest, suck on the empty halves still laden with pulp, take what we love, carry within us this one tree, not only the fruit but its planting, not only its growth but it's roots.

There are days we live this dream as if death is nowhere in the background, the joy of ripe lemons, fragrant fingers, a leafy tree with white blossoms, of having enough.

after Li-Young Lee