

"Connections"

1. "Sulfur Butterfly"

When my mind is in a daze
And my stomach is in knots
I look up to the haze
The haze of my lost thoughts.
Suddenly I am sure
Suddenly I am okay
You flutter through the blur
The blur of my crazy day.
You flutter right on by
And I stop and smile
For a second, my mind will fly
My thoughts will soon compile.
The day is not a foe
The day is my friend
I don't always need to know
How everything will end.
Yesterday is history
Today might not be perfect
But tomorrow is a mystery
And eventually it will connect.
Sulfur butterfly, save my soul
Sulfur butterfly, save my day
Lift me up, guide my stroll
Help me find my way.

2. "Off the Coast"

Float on, drift away

Feel the wind breathe

Black, blue, or gray

The sky will always be.

Storms may shake you

But you never quit

Morning mist will wake you

But you remain indefinite.

Your spirit lives off the coast

Your soul beneath the current

Unsure of what you want most

As you move along like a servant.

Strength is your grace

Determination, your will

As you fill every empty space

The morning mist loses its chill.

Fear not the consequences of your actions

Accept the possibility of success

Enjoy the minor distractions

As they will slowly digress.

Float on, like a boat

Drift on, like a bee

Be free, not remote

For your will is your degree.

3. "Tiny Dancer"

The music awakens your soul

The flow captures your move

Every step so intricate, moving closer to the goal

Not intending to intimidate, but you have something to prove.

Tiny dancer, your grace is unreal

Perfection out of reach, but always on your mind

Tiny dancer, tell us how you feel

Lead us on your search, show us what you find.

Toes perfectly pointed, emotionless face

Hands moving like wind before a storm

You disprove of your flaws, but they give you your grace

A different version of yourself awakens as you perform.

Failure after failure, never losing hope

Tiny dancer, success is on its way

Loosen your view on life's tight rope

Don't let the pressure lead your spirit astray.

Perfectly imperfect, never good enough

The best of the best is your enemy

Tiny dancer, with a demeanor so rough

Accept your flaws and soon you will be free.

4. "Magnets"

I could spend all day
Memorizing your smiles
I would find a way
No matter the miles.

Near or far
Your presence makes me free
Wherever you are
Is where I wish to be.

Winter nights so breezy
Spring days beneath trees
A connection made so easy
It spread like disease.

Like two magnets colliding
You try to pull away
I keep us from dividing
But eventually you fray.

Heartbreak is like a storm
A storm unanticipated
They say it's something of the norm
A norm I could have never calculated.

I am left with memories
Not enough to free me
I must heal from this disease,
Lovesick is no longer what I wish to be.

5. “Catch and Release”

The wind is never forced
The rain is never unsure
The sand is always resourced
Maybe love is always pure.

A man can leave his mark
Or leave without a trace
A soul can light a spark
Or become a dark disgrace.

We are just a part of time
A moment of perfect lust
The end is worth the climb
But it will soon turn to dust.

We can be perfect strangers
We can be long time mates
We can tempt the demons of danger
We can push the winds of fate

I can let you go
I can hold on with intent
I can go with the flow
Only if it's time well spent.

I can give you a kiss
I can give you magic
I guess now I will dismiss
Maybe it's won't be so tragic.