

## **paranoia**

A shadow follows me  
Everywhere I go  
A hollow of who I used to be  
Before I crumbled

Splayed in black ink  
Darker than the demons that  
    I fight with daily  
I wish I had an inkling  
    Of the person I used to be

Hurled insults  
Thrown abuse  
    From a mouth that tells lies  
    Lies, greed, and shame  
Piercing my skin  
Fragile alabaster until my veins start to bleed  
    Blue and red  
    Blue and red

I could scream  
    Drowning in sorrow  
I could yell  
    Suffocating in silence  
I could cry  
    Overdosing in resignation

A declaration of war  
A declaration of a war  
    I surrendered before the fight even began  
    I waved a white flag, hoping you'd notice

Stop, please  
I can't even speak up  
When that's all you seem to do,  
    Speak up,  
    Or speak down

Torn

I am torn

Who am I inside?

I don't know anymore

please tell me

Is it what you say I am?

Defined by the taunts

Defined by the jeers

Defined by everything

Everything except me

A shadow follows me

Who is it?

Who's there?

A shadow follows me

Paranoia of the stories,

Lies,

Untold