# Helping David Finish the Move

The doberman across the way, vocal cords cut can't stop barking. He rasps and squeaks. A Mustang with extra wide radials squeals onto the lot, hits a hard u-turn, throws out a tsumani of gravel and dust. I tuck my head cover mouth and nose, think of my mother

who can't get one full breath any time, her lungs have so shrunk, until the ventilator forces air through the hose in her throat. Fourteen years ago the surgeon performing the first tracheostomy nicked one of her vocal cords. Everything she said she whispered. She couldn't laugh. Since the second operation she holds a small microphone against her throat mouths her words, low-pitched, robotic.

That dog is committed to its obsession.

I check my watch, wonder if I should worry when the red Civic Hal willed him cruises in David beaming behind the wheel. He says he's tired, another death watch, another friend slipping over. His own symptoms are mild night sweats and thrush. He's lost ten pounds but not to worry, he's eating well.

Inside the two-room warehouse studio David shows me what stays and what goes. I trudge in and out with boxes of books and records, a sewing machine, odds and ends of someone else's life.

When my mother tried to kill herself she swallowed sixty-five Seconal. They pumped her stomach but nothing of the drug remained. She shouldn't have lived. She cried and cried.

Some afternoons, suffocated by pain I cannot name, unable to cry, I walk the path at Waterfront Park, watch wind whip the Bay into waves that shatter against the rocks, spraying me with brine. Far out, one windsurfer skims the whitecaps.

[no stanza break]

I imagine the force he expends balancing upright the ache in his hands, calves. My nerves thin staying with him.

That barking dog calls me back.

David steps outside, locks the door behind him. After eight years under corrugated ceilings arching wall to wall, one room pink, the other sky-blue how will he contain everything in a downtown studio apartment? His small teeth gleam, the word *necessity* floats in the air between us, like the music he composes, weaving desire and rage; the patience he brings to each dying man, full body hugs until the last light; the joy passing through them.

For the moment I'm at my mother's side who can't live, who won't die, whom I cling to and push away. Then I'm here with David embracing good-bye in the dark. *Necessity* I answer, taking the word in my mouth a pebble to loosen my tongue.

# After She Died

I went into the bedroom where she lay still on her back on the floor, one arm flung out as if to say something important, as if to say *welcome*. Kneeling beside her, fearing to see fear I peeled the blanket back slowly from her face.

Eyes closed. Cheeks and nostrils dark. Mouth a black line. Rocking in the filtered morning light, I stroked her hair, choked on anybody's words: Mother. Love. Remember. Thinking as I touched her, cold as death.

Afraid to hold her hand, afraid of *stiff as a corpse* I molded my hand to her shoulder, began to croon a made-up song, the words broken and flowing:

Mama, come back, Mama, listen, I want to tell you Mama, the story you told me of how you danced in thin air under starlight of Taos mountains young and smooth your green eyes as you were shining before marriage, hungry children, empty years collapsed into one shallow breath.

When I heard this wish to undo my own life I woke, cramped and separate. Kissed her cheek covered her face. Slid my palms along all the curves of her body. Tucking her in.

# The Company of Ghosts

#### i. Yearning

Riding a train along the sluggish Hudson into colder weather, thicker mist of ice and rain I clear the glass with my fingertips, strain to see beyond the near shore. Half-concealed

in flurries twisted by wind, the ghosts of my dead drift above the river. I'm tired from the midnight flight fatigued by caffeine, and turn, impatient from hallucination. But every time I lift my eyes

there they are, wind passing through them mother, grandmother, the friend who killed himself at twenty-one. I press my ear to the glass to hear what they are saying.

They do not want to return to their lives do not beckon me to join them. All their yearning is to live once more on my breath. Like a dutiful child I become

the warm tongue saying their names. They sweep forward like dancers taking a bow. The train slows into a station. In death as in life the boy I do not name turns away. *ii. Impact* I try coaxing my mother into the train. No matter how sweetly I speak, she will not free herself from the company of ghosts.

I promise not to hold her; I want only to know is she happy. I offer reminiscence, news of those she left behind, children, grandchildren

a few devoted friends. My breath clouds the glass. Nothing suffices. Grief and the jogging of the train rock me to a kind of sleep where I dream she is

languorous as silk, glows, gliding, silent through tall light trees diffuse, to a room without walls where the poet is singing her life.

It's all there, every beating, every kiss, the hours at the barre, the yards of tulle her mother's needle gathered at her waist, summers in the mountains

riding bareback like a boy. She freezes when we get to the part about the scar on her back rough as the crater an asteroid

streaks toward. The impact crashes me awake, alone on a train rocketing north.

*iii. Confession* I knew my friend was planning to inject ether into a vein. Foolproof. Once the cold liquid entered his blood, nothing could stop his heart from stopping not if the ambulance had already been called not if a doctor stood waiting.

Looking back I understand it was his heart he could not live with the way it leapt in the presence of men and danced in his chest and would not be still.

His mother found his corpse. A perfect set-up: no note, no clues but false clues pointing toward *accidental overdose*, a conclusion the coroner signed off on, his parents, the priest.

After the service I told one friend what I knew. He scoffed. *Everyone knows that boy loved to get high.* 

Dear friend, can you hear me?

Now I can say what I couldn't the autumn afternoon you whispered *the foolproof plan* in the stacks of the public library:

I love women.

Would that confession have saved you?

The train rocks on. I see your face pale in gloom: long dark hair, too-large nose, too-gentle mouth.

Not your eyes which were always cast down.

*iv. Guilt* Whatever I was busy with the last time she called seemed important. I was tenderly brusque?

Yes. And I let her down almost as often as she asked for help. At the estate sale, my sister and I

priced her things cheaply. Now strangers sit at the round table where she sat reading novels

working the crossword. Her plate-glass view: cast iron railing pink geraniums, patches of sky.

All that summer, unable to leave her apartment she was so wistful asking *is it a beautiful day*?

Did it hurt that I never lied? The air was sweet often, the bay stretched blue mysterious as an infant's eye.

Oh, that last day I was so busy with nothing.

Did she cry, after I hung up? I see her trailing tubes through silent rooms wheezing ghost of her own life.

The storm surges across the river, batters the pane, writhes across my face. *v. A never-ending line* Further back in the gloom half-dissolved ancestors

sway in gusting wind grands, great-grands

great-great-grands all the way back to

Belfast, Bavaria the Olduvai Gorge

They jostle for attention voices mingled

in one long moan They are the sources of

one another's joy and grief sending them down a river

that winds for millions of years I recognize my eyes

the tilt of my chin chittering beat of my heart

I am their greatest achievement their vessel and sediment

I am headed their way but not before I've had my turn

I pull down the shade take out a pen

### Dying to Reach You

Dear frugal mother, shabby in slippers ten winters worn if you were living I'd call every night, New York to California collect. Worried I wouldn't repay you, you'd hesitate but how can a woman tethered to tubes and a ventilator hope to stay close except to pick up and say *yes*?

I'm having a wonderful time. If you could get to the phone I'd tell you about the ice on Lake Christina melting under sunlight. Even to complain about the broken computer would soothe me just to hear you say *oh*, *Christie*, *I'm sorry*. Just to hear you ask *will it cost a lot*? It's been four months, some days I don't think much

about what I miss, but this morning you feel as close as the ache in my jaw. In the dream, you exclaimed *I'm happy now, why can't you let me go*? I thought this meant your love was dead and went outside in the icy dawn, down to the lake to see the edges refrozen, reeds trapped. I know they'll thaw again

but who is left to tell me when to step out, when to hold back, and when to walk away? If I thought it would help I'd fling myself in, sink into mud, eyes open, looking for you. I trudge to the pay phone and call information just to say your name out loud, just to throw my voice down an empty line, dying to reach you.