## Snail Pose

on the wet sidewalk, the snail stretches out of its shell like a yoga instructor slowly modeling a pose, reaching skywards with its tentacles, flashes of flowering branches and shedding bark and the exquisite smells of wet grass and decomposing leaves, floating over the harsh surface of existence with an endless stream of mucus, like inner peace or an innate ability to exist within a realm of complete silence, apart from the noisy world of running shoes and bicycle tires, stretching out of its self-made shell and exposing its strong shimmering body to the morning sun before retreating to the cool curvaceous cavernous confines of self-satisfaction by crossing the busy walkway intact.

Lands End is here where the Pacific Ocean pounds the cliffs with white foamy waves and mist, where kelp-tangled shipwrecks lie undisturbed like half-eaten dead whales almost washing ashore, depositing the horror of their tragic ends

where kelp tangles the murky waves into illuminated scrolls and knots

where the ceaseless waves create shapes and soften rough edges, tearing away at the surface, digging deep, working the rocky land into a terrible and relentless work of beauty at all merciless hours of the day and night

the still waters
trapped in Sutro Baths,
once a place to swim but
now a place to contemplate
the moment of seabirds
descending as gently as
the hand of God over
those black fathomless
pools

disturbed only by noisy seagulls and an errant seal sending ripples of bodily delight to witness the grace of such ghostly swimmers in modest swimsuits come back to life

but on Edison's silent footage, the pools echo screams of joy and surprise splashes mixed together, boisterous shouts of bravado and barks to make room resonate, the sound of splashing

close to two million gallons of saltwater being pumped in, Nature doing all the work during high tide; a glass, iron, wood and concrete colossus, massive tanks and pump station, steam trains to cross the sand dunes in style, wool trousers, hats and coats into a climatecontrolled oasis, a mummy museum, a penny arcade, crowds of matching black swimsuits swelling to unmanageable numbers, lifeguards whistling from time to time over the rising clatter of a multitude of muted voices at once, the dead fighting all at once to speak

this rocky cliff pockmarked with hardy flowers that remember tales of the Yelamu Ohlone, of barefoot seal hunters in animal skins coming out of dome-shaped thatch huts, of shellfish gatherers patting the dust off of their nakedness, of a shaman dressed as a red-beaked healing spirit spreading his wings, fire pits lighting up dancers wearing shell and abalone jewelry at their strictly all-male sacred ceremonies

looking out from the trail, you can see ghostly images of heavily-insured historic wrecks and watery graves

an old trail leads to an old parking lot, an old make-out point, full of huge cracks, and boulders, bulldozers and yellow tape

a footpath trails off in the tall weeds and wild grass

Land ends where the imagination begins

## Hunger

orange sunlight cracks over the desert horizon like a mirage and makes our ears bleed prehistoric feathers and handprints, pours into every crevice and exposed layer of lost nomadic bones and smeared ochers, caves were our seasonal homes

like the absence of water, owning the future begins with finding the basics, sucking on bone marrow and chewing cartilage, silencing the noisy herds and then not compromising, moving fast as the river current to greener landscapes

we painted our faces the colors of our animal companions, growing tails and claws, we studied them and then became them

we carved small animals out of wood as our personal talismans and prayed to the distant stars to protect us from wind and rain, and fire kept us warm, casting shadows of our dead upon the walls, the fatty pieces of a four-legged beast offered to the twinkling gods who spoke in hisses and sparks

hunger keeps us awake, hunger keeps us alert, hunger pushes us to run faster and throw farther, hunger kept our women pregnant and our tribe moving

Are you hungry enough to understand this cracked message from the distant past, told in cave drawings? but someone must tend the fire and keep it from dying in the cold of night

We run like wild horses, running from and into danger, angry, agitated, tired and dirty, making the paths our people will rediscover, short but meaningful existences a hundred thousand shells to build a mound- a testament to our hunger.

The accordion player and his husky dog in matching tawny coats, both brushed clean of lint and hair, outperform each other out of sheer joy of doing exactly what they want to do at the main exit for all subway and streetcar commuters

his songs taken from familiar TV sitcoms: meatier fare fill the tiled air with hope early every morning

the tunes skip from Chansons to contemporary Rock to silly melodies of our youth to bistro Standards

awake and dance, he says comically with his breathing box of bombastic music, squeezing song out of the air

His colorful starched collars, sorbet shirts and matching socks, his suits pressed with as much precision as his songs

the dog, short two heads, sometimes napping by his master's two-tone leather shoes, plays dead for a change and certainly for claps and cheers, but I am never sure if it is at his master's will or his own.

the accordion player commands his instrument the way the gods tell the winds which way to blow. He sits with his long legs bent close to him as he balances the bellows between his awkward bony knees

an open case velvet-lined packed with odd shiny coins from those who can still hear the music within

The accordion player smiles at the tiny moment of happiness he can find within the crowds that pass him by in a rush to work

he plays as naturally and rapturously as a young Orpheus charming his way out of Hades

more music than man, impeccably attired, he lifts us up for a few moments as we rush up escalators that take us out of the underground as I fight the urge to look back and smile to myself

he pumps the air with tunes and get the last laugh as the rest of us have to scurry up escalators toward time clocks, supervisors and quotas.

## Putting On A Show, A Pantomime

Within the bird's long narrow beak, a plump green caterpillar, its feathered head aimed skyward; wide wings launch themselves off the concrete ledge; this hungry retired songbird has a snowy streak in its wings like middle age and pauses as if to show me a mouthful of accomplishments and pushes off our puny planet, defying gravitas.