

I AM

I am the inspirations of your dreams, the physical manifestations of your love and the seeds of your faith.

I am a wish granted from a prayer whispered to the Almighty, a mirror of disappointments from your youth, the stem of your guilt and the spine of your pride.

I AM DAUGHTER

I am the the endless reservoir that holds your hopes and dreams and the moon that you softly whisper your secrets to at night.

I am the irritating torn in your side, the rock that tethers you to the earth and the outstretch hand that catches you when you fall.

I AM SISTER

I am the first ray of light of the morning sun that gently welcomes you to a new dawn and the sultry siren that sings you the sweetest lullaby under the starlit sky.

I am the intoxicating perfume that tantalizes your senses and caress your mind with a hazy mist of erotic bliss.

I AM LOVER

I am the support beams for the house of our love, the temple where your spirit resides and the safe haven that you seek out in the cold dark night.

I am the protector of your heart which is shrouded in the crimson cloak of my love and the endless well of unconventional love.

I AM WIFE

I am the root of the root of our family tree, the branch from which you blossom, the fountain of wisdom that quenches your thirst for truth and knowledge.

I am the wings of eternity that carry your prayers, the love of your loves, the hope of your hopes and the dreams of your dreams.

I AM MOTHER

I am the gentle winds that guide your sail into tomorrows safe harbors and the thunder storms that wreck havoc and sinks your ship.

I am bubbling brook that renews your spirit and the raging river that causes destruction in it's wake.

I am the dancing flame of the eternal fire which warms your soul and the uncontrollable fire that leave nothing behind but charred remains.

I am the rich black soil that allows your seeds of hope to bloom and the barren land that suffocates your trees so that they bare no fruit.

I AM WOMAN

THE DEATH OF THE EGO

As the pressure closes in I am frozen in fear as the realization sink in that I have nowhere to run and nowhere to hide.

Frantically I struggle against the rip current of the uncontrollable anxiety that grows exponentially in my chest.

My body jerks violently as I choke and gag on the bile of bitterness of frustration and tears.

My lungs burn in agony as I grasp helplessly for air while suffocating on the fumes of distress.

Battered and bruised I am unable to break free from this self imposed prison.

Begging for deliverance from the darkness that encapsulates my heart and taints my spirit.

I cry out in anguish to be released from self doubt and free from the fear that infects my psyche.

As the wall of illusions slowly crumble down I know now that I have been the deceiver and deceived.

I created, brought and sold out into my world of madness, diversion of drama and shallow lies.

Remorsefully I collapse to my knees as I relive a lifetime of countless errors and mistakes.

I beg mercifully for a do over, restart and second chance.

No longer convinced that I can go it alone to win the battle that I must fight within.

Shivering with uncertainty as I surrender covered in the wetness of my sweat and tears.

My soul yearns to taste the sweetness of victory and to once again feel the warm beauty of sunlight on my skin.

I am blinded by a vision of the Phoenix that rises majestic
from the smoldering ashes which leaves me with the seed of hope
that I too will escape the fire unscathed and be born anew.

MUSIC

The melody ebbs and flows effortlessly throughout my being.

The rhythm rocks my body back and forth as it teaches me its dance.

The harmony gently opens the doors to my heart.

The beat reawakens my senses as it taps on the window of my soul.

The tempo explodes into an array of blinding colors before my eyes.

The keys softly caress the nape of my neck.

The soft tones gently whisper sweet nothings in my ears.

The rich decadence of pitch melts on the tip of my tongue.

The wafting sense of sound travels to my brain as my body shivers with a euphoric memory of bliss.

BREATHLESS

His smile brightens the dark corners of my world like the first rays of light from morning sun.

His laughter melts the ice that has for far too long encapsulated my heart.

His thoughts have awakened desires in me that I have never realized.

His spirit is the full moon that guides me in the night.

His love lifts me higher than the furthest twinkling star in the evening sky.

When we dance his essence gently and forever entwines with mine.

Discovering parts of him is like discovering the infinite layers of my being.

We have no beginning

We have no end

In his arms I am breathless

FOR MY SISTERS

My sisters, You are my strength, my wisdom and my joy.

You are the gatekeeper of the secrets of my heart.

You are the laughter in my tears.

You are my voice when I cannot speak.

You are my sight when my vision is unclear.

My sisters, For so long have you traveled by my side, sharing the trials and tribulations on this journey called life.

You have witness my joys and my hurts.

You have held my hand through the disappointments as I have wiped the tears of sorrow from your face.

Blessed by the light that you bring to the world and into my life.

Our spirits will flow forever entwined through space and time.