On An Autumn Afternoon

Leaves tremble in the wind

As I sit, looking in private wonder at the shadowed ground

Where white billowing clouds pass overhead.

I feel the warmth soak under my skin.

We have been blessed by the sun this year;

Too blessed—its days are numbered.

I stare at a blade of grass,

Slowly changing green to brown

And suddenly I see the universe—a network of lines and color, of the complex configuration of cells, of the hustle and bustle of a thousand microscopic organisms. I see life blooming and blossoming from every corner. I feel the sweaty pulse of life. I see creatures large and small drinking, feasting, mating, sleeping, tingling, wiggling, wriggling, loving—

And suddenly I understand—

A leaf falls.

The epiphany is lost.

I feel cold.

I am reminded that winter is coming on fast.

And dinner is ready,

And laundry needs done,

And dishes need washed,

And . . .

Wisdom from a Stone

Would I were a stone on the shore of life I'd sit inside the ebb and flow and feel waves crash upon my head.

Some days I would be cast about, battered, beaten, buried.

Sand and salt alike would have their way with me, and some days I would feel that I was ever sinking. I cannot say that it would be easy, sometimes I'd feel tempest struck and wonder if God himself was vengeful when it seemed likely I would drown.

But on those days when the tide recedes in its flow and leaves me in the sun to dry, I reflect, take stock of what's been lost, and realize with piercing clarity all that I've won.

Here I sit:

a polished stone, battle-tested, bold, eye-catching, smooth. The scrapes and scratches all burnished out; the scars now a quilt of my identity. I am me, risen out above the sea to proclaim with shining pride all that I have been through; all that I have survived: all that makes me beautiful.