Title: Green.

The bones in my chest rattle I throw my head back to stretch my neck Push my sternum toward the sky

A small crack A soothed pain The weight under my sternum grows lighter

I flex my feet and curl my toes I elongate Tug at my own limbs

The tightness in my hips Is not mine I curl under

I feel a space open Through my back Expansion around my waist

I can breathe easier, knowing Where love is Within me, alongside me

Infinite, without time Beyond what I see What I understand

Title: Collection Plate

I stood on the banks of a creek in my neighborhood Placed flowers in the water Grateful, I offer them back

The birds sing The air is dewey, sticky, sweet Like falling in love

I savor the air, it's nutrient I forgive myself for my unwillingness to wait I had grown impatient

We can only give back to her what she provides In the end we give our bodies back We fertilize the land and air

For those who are next This is their inheritance We collect and re-seed

Touch dirt Sow seeds, Water and tend

The grooves in a tree, Carefully etched and earned Woven and sturdy.

Collecting time and wind.

Title: Revolt

Time like liquid on a Red river A rush of fear the drowns the voyeur Unhinged, inquisitive, selfish lust

The angel of victimhood Front and center as expected The Barbaric margins illuminate piety

Her God has imprisoned her at home Yells in the distance shake the chains Sound peeks through the lush growth

Cries like a plague Whimpers to write about Suffering as an art form

Praying to be rescued by savage saviors They come as they always do Blushed cheeks and frothed lips

To ward off their copper toned enemies A Red victim, hostage to the Pale captive Jemima like the Mammies to come

Gaze impeded Blind to all but the self Eyes set on mercy

Title: Buried

These forests are laden With creatures that frighten.

Fears unfaced attack uninhibitedly Triumph overcome by the forest's growth.

And at the bottom of this mass of moss-covered land lies One who is void of the sunlight.

The limbs are bruised and broken Torn apart by the vengeful natives of the land.

This lonesome and broken soul finds peace With a severed mind and broken spirit.

This being found its own light Bliss among the depths of the rot. Happiness within an abyss littered with refuse A smile stretching across the grave's distance.

Title: Mass

I claw and climb At seams once thought strong Gripping, scratching, tearing away Through these barren and lonely tombs where There are hidden, steel, vice-like grips That hold on and choke.

My short supply of air is all I have left.

Deep resilient roots spread and take hold With roots that grow heaven-bound And have weathered storms to show they are permanent. The growing forests breed insecurity and self-doubt. A twisted photosynthesis that runs With rivers and streams of manifested mistrust and frustration.

They make mighty tides.

Affliction, reassurances that face skepticism Promises broken by the voices internal.

Affliction, by breezes of affection presumed false.