My Uncle George

When I look at the American flag I think of Uncle George. He served in the U.S. Navy during the Cuban Missile Crisis did fleet training at Guantanamo Bay. Quiet, unassuming, almost always with a gentle smile, Uncle George, an American hero.

When I look at the field of blue I think of justice done. Uncle George gave twenty years to the Atlanta Police Department went through riots, bomb scares, drug busts and shootouts. When swimming with his son and nephew he had to explain two long scars on his stomach from a knife fight. blue-eyed, mustached, an American defender.

When I see those stars I think of purity of heart. Listening so closely to even hear Uncle George's voice when he said grace over the food because it seemed that to him that the only person who needed to hear his thanks was His Father, an American believer.

Tears drop as I look at the stripes and think of the valor of spirit and how Uncle George battled with colon cancer for two years never winning always losing against the ravaging tsunami of pain then rested his head for the last time with his wife and daughter looking on, my American fighter.

Autumn Orange

I'll whisper to you a secret. Spring beguiles, summer struts And winter whistles away. I am more at home with autumn orange in its simple charming splendor.

Orange in the morning sunrise that almost surrenders before it begins and trees' leaves ablaze in color sweeping down mountain slopes with the wind.

Orange in the feeling of plentitude taking one's time on aimless walks, raking the leaves half-heartedly and lingering longer in others' words.

Autumn orange, once more cradle me in timelessness, safety, tranquility.

Moonshine on Water

Between awake and asleep I see a still sapphire lake Smooth as glass Silvery sheen From moonshine And mistiness I cast off in a canoe No owner or price Floating from shore Lying in the stern Oneness with the lake As if floating on the surface Stillness and joy Mixed like hydrogen and oxygen Flowing beneath me. Soft, simple, serene.

Stargazing At Capitol Reef

It's a mysterious nonmystery. As I contemplate numberless stars with the same mind that counts out my correct change at the checkout stand at the supermarket I am baffled by the mathematical infinity, An expanse of beauty I see and yet I do not feel alone or distant. There is something right on the outskirts of the soul that lets me know I am in some way more a beloved brother than rejected outlander to these living rotating masses of hydrogen and helium. So glad you are here to hold my hand.