

## Commitment

last night i married my Self  
this morning I awakened pregnant with possibility

in the darkness of my dream  
i could see forever  
receptive, waiting patiently  
hiding nothing

shame, sadness, regret  
pure joy, success, memories  
all layered parts but not me  
life experiences exposed

i saw her in the distance  
the "me" I had forsaken  
and moving toward her  
my heart softened

she was calm, present, beautiful  
she had never left  
but had waited for my return

choosing her  
no longer frightened by false evidence appearing real  
no resistance, no option  
to what was, is, or might be

only awareness  
i thanked my body  
one hand to my heart, the other to my belly  
and celebrated the miracle of life