Tenacious T. Perfection, as in fits like a T. Tuesday. Tablespoon. Teaspoon (oddly confusing). Temperature, time, troy (as in weight) ta for thanks, ta ta for goodbye. What interesting geometry is T, all right angles and imaginary triangles, extrapolated, bisected, tacked to the wall. You don't need to be a tactician to know its place (or yours) in this thrilling typography; you don't need a tachymeter or a tachometer, but you might need a tachiscope, because perception as we know, depends upon recognition, memory, a tactile sense of tension, palpable as fruit, almost as intense as tantric sex whose definition could not be found. A non-existent taxonomy purported in the 60s (or was it later?) to be the stairway to heaven, but turned out to be just like the poem: tautological for no reason other than it is. Though some might claim tetrahydrocannabinol (certainly the longest word I know) is a testimonial to this kind of thought, the truth is thanotological thinking prompts me more to tomfoolery than chemical or theoretical constructs, though I must admit the temptation to torment often has tragic results. Tripping through the Ts I came to trigeminal neuralgia, (which is something I've actually had), right next to trigonometry, which I've never gotten, but learned a marvelous bit of trivia: triskaidekaphobia (the fear of 13) which is now a close second for the longest word I know, which is actually a lie, since antiestablishmentarianism is the longest word I know. And that's the truth.

Ubiquitous u. Un- as in undone, unpleasant, undeserved, unfamiliar, a whole page of un—negation extraordinaire, except when its unleashed, uncaged, unbridled as in passion or unerring judgment, unconquered, which is the same as triumphant with or without ultimatums. One does not need to be told for the umpteenth time that urban sprawl is a blight or the universe is expanding. It must be time to hitch a ride to Uranus or at least Uzbekistan where one would hope the air if not the brown water won't set the uranium counter to ticking like madness. In that case, nothing to do but throw back your head and howl, your uvula undulating all the way back to the good old U.S. of A

What a World . . .

So this doctor says vaginal stimulation is essential in an unknowable way to bladder health, and now there's even a home tens-like unit one can buy that will simulate (or is it stimulate?) the physical therapy you've been having where the tech shoves three fingers inside and says "squeeze and hold" while this machine you're wired to says "work!" which means the same thing as "Squeeze" only doesn't sound quite so provocative, as if watching a graph of your muscles contracting while someone's hands are in your vagina, and another probe is up your butt, could possibly be even remotely misconstrued, especially given the small, cold room, the table and metal stirrups, the crackly thin, paper beneath you, but you think, "what the hell—most fun I've had in years!" and turn your head to watch the graph steadily falling as the seconds tick by.

One of These Days

There was a song in my head and it played all day. It ran its tune through the shower, the hair blower, the Sonicare toothbrush. It hummed and hummed and hummed. I could feel it in my fillings, the spaces between my teeth, my follicles, yes, even between my legs. It made my feet restless and I kicked the covers all night long dancing to the beat. It pushed me out of bed and down the hall, out the door to my car and followed me to work. I wanted to tell someone, hey, I've got this tune stuck in my head, but couldn't say what it was, couldn't sing a note, so I sat at my desk, nodded and tapped my foot, and worked, imagining a day where everything went my way, the world was kind and so was I.

Transformations

There was once a prince—or maybe a frog—no, wait, it was a pumpkin—yes, once there was a pumpkin who didn't like squash. Every day he twisted on his vine this way and that, that way and this until one night he finally rolled free.

He had no idea where he was or even who (or is it what?) but he kept rolling, down, down, down to the valley where he slid smack, bang, bump right into a stream and was carried away by a very swift current to a whole different land.

Wow, this is great, he thought, though he was cold and wet and suffering separation anxiety, but he thought it anyway because he didn't want to be one of those pumpkins who got what he wanted and still wasn't happy. Eventually the stream became a river,

and the river a lake, and the lake spilled into another lake and then became a river again which emptied into an ocean, and all this time the pumpkin just bobbed along until dumped on a sandy shore, was found by an orangutan who loved squash. Even the seeds.