Marathon

When everything went wrong, I ran.

Three thousand miles with an ocean in between and I spent my days making loom bands sitting on the grass in the park writing shitty poetry.

It all turned into nights in the cellar of the wine bar, sipping Merlot, our teeth and lips stained cranberry red, words illuminated by candle light

and purple slushie kisses, too much kissing, too hard on white bed blankets.

We each had stuffed animals that held our places when the other was gone.

You moved like thunderstorms through my veins - I left. I can never stop leaving.

The grass is not greener on the other side. It's just as dead and brittle as it is here.

Solitude

I've been watching the hornets for an hour, buzzing between the flat leaf plants that line the Thames.

Time, it seems to me, has become meaningless, marked by a revolution of the London Eye or the creation of a poem.

My phone is silent. I want to say how much I miss the late night kisses, early morning hands on flesh,

but I don't even know if you realize when I disappeared.

The Best Compliment

I sat on a chair in the basement of Richmond City Jail,

plastic digging into my back, tough like our constitutions, and I'm writing in my notebook

I am damaged goods

on a loop. I am stuck in my words, broken pen tip and ripped paper feelings, until an inmate named Pat

who was watching my sadness whispered quietly:

You are not damaged or worthless. You have become stronger at every place you've ever cracked.