

## **Conflagration**

You enveloped  
And reflects on to those I love  
I feel guilty for the boundaries  
I was told me to put up  
I'm scared to go to sleep  
Because god forbid I dream  
And my subconscious wants to confront me  
I avoided tainted places, tainted rooms,  
Got to a point where I could barely move  
You got into head, and no one knew  
I was answering to no one but you, you, you  
Stopped me dead in my tracks, made me go back  
Convinced me that it went wrong  
Cause I lost track of my tasks  
That were so pointless  
They meant literally nothing  
But you told me they did  
And I don't know how I'm supposed to forgive  
You for taking advantage of a young little kid  
Myself for letting it happen  
Thirteen, wrapping around my body  
Convinced me I was crazy  
Years of hell in your presence  
Got so tedious, I got meds and a therapist  
I dealt with it, but fatigue and restraint  
Became our love language  
You still sleep in my bed,  
And I have no choice in it,  
You keep me warmer than  
Any comforter, any blanket, any lover  
You owned me  
You were tattooed all over my body

## **Sapphire**

My mind was a tapestry of tarnished memories  
A cautionary tale displaying the effects  
Of combining a savior and superiority complex  
Forming hurricanes within the depths of my brain  
Twisting my nerves into a medley of pretentious words  
Haunting my steps and delaying progress  
Hyper fixations on morality got the better of me

In being so inclusive that I taint my image  
And eventually resent friends and family  
In being pessimistic, I couldn't view myself as a person  
Rather a vessel for ritualism  
Housing the devil on my shoulder's omnipresence  
Reverting to isolationism and disassociation  
Despite loathing my own company  
And in the perils of my ever deteriorating  
Mental stability I found myself living  
For one reason and one reason only

### **Lotus**

Garden in my vision  
Watered with my cried rivers  
What a little shop of horrors I've grown  
A history of burnt bridges  
I bathe in their ruins  
And it's covered in lotus  
Peace and deliverance  
Disassociation and acceptance  
Unfreeze my garden of resentment  
And just be  
This garden in my vision  
Overgrown with pessimism  
What a vast cesspool of anger I created  
In history, beloved then broken  
Messing up and sinking lower  
But the lotus envelopes and I'm at peace

### **She**

You'll lose all your prized possessions  
If you never learn your lesson  
My theory tried and true  
Raised spoiled rotten  
Suburban Atlanta and Birmingham

She's preached all her gospel  
Lost her way in pop song  
And she berated you  
Faith wavers everyday  
And yet she still stays  
She's not really sure what to do

She is all that I'm bringing with me  
She only my bedraggled body  
Her strengths, her flaws, her mind, her all  
I hate her, I love her,  
Either way, I'm stuck with her  
I'll never fully know her  
I'll leave and learn to love her

She's been on meds for like a year  
I don't want to know where she'd be without them  
Famous, homeless, high, or in an asylum  
I love her mind  
But it scares me sometimes  
So much thinking  
So little to show for it  
Other than some not-so-great decisions

My words contained cyanide  
Committed social suicide  
Can't differentiate the truth and lies  
Faith wavers everyday  
And yet she still stays  
She's not really sure what to do

She is all that I'm bringing with me  
She only my bedraggled body  
Her strengths, her flaws, her mind, her all  
I hate her, I love her,  
Either way, I'm stuck with her  
I'll never fully know her  
I'll leave and learn to love her

### **European Glaciers**

I long for assurance so much  
I probably mistook it for lust  
A beautiful woman  
Attentive toxic lover  
I couldn't quit  
She seduced me in Germany  
Couldn't remove myself from her skin  
And I kept asking questions  
To fill the awkward silences

I chased her like a bloodthirsty hunter  
And that's just the tip of the iceberg

My baby gave and gave  
Never enough  
I break the ice  
Until I slip up  
And hell freezes over  
Can't go talking about the tip of the iceberg  
When I can see the whole glacier  
There's no nuance in the water  
The ice can't save you  
Being nice until you don't know how to  
I lived a life in two nights  
At the rainbow hotel in Berlin  
A panic attack and newly acquired friends  
I saw life all the way up to death

I lost you, It was on me  
I'll suffocate so you breathe  
Cause even I'm too much for me  
So you'll go on  
Live your best life  
I'll probably get divorced  
Exhaust her  
Cause I reside  
Too much in my ignorant mind  
And you'll say I should've listened  
When I was younger  
With my friends  
Too lost in my head  
I pushed them away  
Cause I was clingy and ignorant  
So this is farewell  
This is the end

My baby gave and gave  
Never enough  
I break the ice  
Until I slip up  
And hell freezes over  
Can't blame it on force of nature  
I cannot melt the glacier  
Can't hide underwater

The tide won't change you  
Being wise until you infantilize  
I lived a life in two nights  
At the hidden hotel in Prague  
Architecture tour and Czech folklore  
Briefly for a minute I found church

The better part of last year  
I was running my mouth  
Made a bunch of friends and  
I drowned them out  
With tangents on first-world problem privilege  
A savior complex turned inconsiderate  
Overwhelmed with school, my health,  
And unrequited love interests  
I took it out on those who friends  
And the last they needed  
Was another spoiled girl  
Trying to save them  
Complaining about her feelings  
Complaining about nothing  
They're not safe at home  
And here I here crying  
Cause I was called out on my ways  
But I'm not a victim  
I'm a person  
I've hurt and helped others  
I'm not a saint  
I'm not a demon  
I'm trying  
I'm learning  
So to those 5 friends  
You heard it here first  
I'm the problem  
Told me about it  
And I didn't listen  
And I'm sorry

I'll give and give  
More than enough  
I'll melt the ice  
Until there's no foundation underneath  
And hell blazes over  
And the core spiral fractures

And I melt the glacier  
Changes the structure  
Power will change you  
I don't know what I'm doing  
I lived a life in two nights  
On a bunk bed in Munich  
Eavesdropping on friends, if they considered me that  
I could see my future in the midst of a panic attack