

Sexual Abuse

A Dense Ball Of Bubblegum

in the bus
That time you pulled up my pants
Today my relationship with men
My relationship with love
Like a brain opening, revealing a knife,
Piercing your heart.
My emotions seep through like wetness
And are damp and cold.
The shock for criticism
I'm ready for once more
For people to call me gross and
Run away when running along their fingertips
And yet I'm better than you Big Red
because I once was fruity
One time, I was cute.
And now I'm awash, grey, hard
And ugly
I'm angry, in fact,
Put me in your mouth and
Feel the hard piece of bubblegum
I don't want to talk and
I don't want to see
I want to be over you,
I want you to never forget;
My eyes like bite marks

removing my ass hair

I'm in
The bathroom
Trying to
Remove the hair

that clings
like little fingers

I simply
release their grasp

Which I wish
I could do with other things

like the past

stuck
to me.

My hair is dense
Now - soft, too

My ass is a tight fist;
I let no man in.

I'm scared
Of regret
And being stuck with
something
I can't take back.

In contrast,
I'm trying to remove
The hair
to make room
for someone

And also that someone
I may share my
Secrets with

So I don't
Have to bear them alone

And I become
More comfortable with myself; I
find comfort
In them, too

I have let a secret grow like weeds
Creating a barrier
Between me and another

I see vines
from an arbor

I pass through
and step into
the garden

Drive

The sex I have is secret

Though
You're probably aware
of me going out
late...

I'm going

to have sex I'm very unsure about in the least
Maybe I'll regret it on the way back

But I don't talk about it

like something else

that wrecks my head so much,
I only take a drive
Sometimes

"damage is done" / Prayer

Just please
Let my anger guide my decisions
I don't want to stay here
out of comfort.
I don't want to stay knowing I'm safe.

Just please open
a pathway so I can leave in the end.
Don't, please,
let me not listen to my anger if I'm not going to express it.
If I'm going to stay calm,
then please show me the way, clearly.