Home at Last

Years on a harsh road
Such complicated stuff
Stuff that clouded so much
Of what was—within me.

Years on a path

That could not be called mine

For within it I could rarely find

A trace of the divine—within me.

Years on the path
Seeking my own light
Ran into burdens and
Pain that weren't mine

Yet I stayed.

For many more years,
Walked the road to the end

And at the end

I was demolished again.

When crossing the finish line

I was supposed to hear cheers

Instead

I walked out licking

My wounds and recovering

from fear

Walked to the end

only to find

that the path I so carefully climbed

was never really mine.

In time

A stirring occurred

Doors opened inwards

And a presence emerged

Easily

Naturally

Effortless flow

Like the one I'm accustomed to

When rejoicing in joy

A river of calm

A mountain of strong

The easiest thing

That I have ever

ever

done

After years on a path

That could hardly be called mine

I have finally discovered

The artist inside

She was sleeping within

Taking notes with her mind

Transforming her angst

While dancing too slight

She emerges now
Fully charged and refreshed
For her slumber is over

a lifetime of

neglected terrain

She now emerges
With effortless grin
As she paints with her words
And lays peaceful in sleep

She can finally rest and begin again fully aligned with the artist within

Home at last.

Courage

It takes courage to
Speak in truth
For all your life
Your words, your ideas you

Have been trampled on

Trampled on by others Extinguished by their feet Strangled by their insecurities Muffled by their greed

Allow yourself now to come back

To thee

Open the floodgates of what

You know to be

Let yourself surrender
To the peace that is you
For you are a diamond in the
Big deep blue

Let yourself surrender to the piece That is you For you are a diamond in the Big deep blue

We need your brilliance Your unique special spark For the world can be cold When it falls apart

When it falls apart
The world also cracks open
And in that space
What was once lost or broken
Mends with the light.

Shine bright diamond child Shine bright.

Splits

How do we heal

The splits we live with?
The many splits
That exists within

The split between self and Self
Is one I know well

The journey of mending
Is one that I welcome

I walk upon the earth

Rarely

with feet on ground

Mostly

I see through spirit

And sing through heartsong

I know I must
Root here
Let the soil wrap around toes
And in my grounding
continue to grow

The first split / core wound

is severance from Home
One that I have often mourned.

Why am I here?

Take me back Home

I wish to fly freely

And feel pain no more

But it's so beautiful here

And I'm learning so much

Soul evolution can be so much fun!

Well not at the moment

That's when it hurts

But afterwards, in time Our wisdom does grow

First split

for me

is between

Heaven and Earth

Second split is between

Heart

Mind and Soul

Oh and body... Right!

Let's not forget that After all, this magnificent vessel is what gives flight to this Light

Third split is between

person human race class gender

sexuality

Then we have nationality language name

Pronounced in so many ways

Who am I in all of this?
Pulled from above and below
Inside and out
Living within
Yet experienced externally

Who is the me that I seek to find? Am I found in my voice Or the twirl of my dance? Is my radiance earth beauty Or a spark of divine?

Perhaps its neither Or both in time

One thing I know is that I mend when I laugh.

Plant Me

Plant me where I can grow Said the little soul On the way to Earth.

As so it was.

She was perfectly laid In abundant love And confusing pain

He rose from the ashes
Abandoned at dawn
Fought for his dignity
And has since become

Amazing.

She was silenced at birth Overlooked and ignored Her voice turned volcano And ruptured the world

They tore him down
With their poisonous words
But eventually became ants
To his giant soul.

She and he now Continue to grow.

Earth Walk

Walk upon the earth child Some may hurt you Some may see you Most will never know you

Know thyself Heal thyself Be thyself Free thyself.