### i like it the best when you're nice to me

kiss my forehead and tell me i'm pretty, that is all i want wipe my tears away tell me everything will be okay i hope that you don't get offended when i tell you that i wish i didn't need you because you are part of the reason that i am so broken in the first place but when i am in your arms you are the glue to piece me back together and i hate that you know just what to say to break me apart again

(you are the cause, but you are also the remedy)

# i wrote this as soon as you walked out the door

the way that you looked at me i knew there was no hope there and i think that's what broke me to see that there was nothing left of me in you when you were still in me i guess now i need to set myself free

### untitled II

love is not an emotion it is a being of its own hiding in the creases of our smiles and the space between our fingertips it's the blood in our veins the steady thump in our hearts it's the buzzing sound you hear when you're in a silent room with the lights off alone with your thoughts.

# the universe of you

you are a woman the universe was made of you without woman there would be no man remember that when you feel worthless you are oxygen you are earth you are the galaxy the moon and the stars and without those things life would cease to exist you are woman the universe is you

#### work in progress

i am the product of my mother and father and the relatives who came before them soft spoken hard to impress easily bruised insides incased in a exterior of brown skin incased in a little black dress

i am the product of everyone I've ever loved and everyone who loved me the words of past lovers who whispered broken promises and sweet nothings in my ear are permanently burned into my head and the traces of their fingertips are permanently etched onto my body

i am the product of my father and mother and past loversfor they have made me who i am todayi am emotionali am messyi am weak and strong both at the same timei am a work in progress.