# *Growing Pains*

*Hard*

I think I've been burnt out from the age of 12
It's a hard thing to realize about myself

I'm not a temple with a flame burning everlasting
The cracks in my skin let the wind in

In my stomach a coil tightens
I can't release the tension

My blood is frozen like stone
I can't go with the flow

Sometimes I can't cry
No matter how hard I try

My orgasms feel like sarcasm
Pleasure is found with just a short walk across a long chasm

The highs and lows of life are like a roller coaster I didn't pay to be on
The safety restraints feel dangerous

But jumping off the ride wouldn't mean I found stability
I can't picture being in a state of mind I feel safe in

I'm exhausted from the exercise of trying to outrun my thoughts
In my ears for years I've heard my heart beating itself to a pulp

When will my body feel like a home
I'm tired of living in a pile of flesh and bones

Do I take a pill to melt for awhile
Or am I too numb from frostbite

So the pain remains
I guess I'm too scared to feel better for a change

***Alone***

I got you to laugh today
So you think I'm funny
One of the cracks in my heart opened
And I pushed it closed
It hurt too much last time
Try to stay in line
Because a laugh is just a laugh
Don't read into that
The past is the present is the future
Those choices sure hurt you
You won't find something new in that empty place
It's time to find your space
Be yourself they say
But I'm still the same
I'm just happy you're happy
But inside I am seething
I know it's wrong
Just move on
It's been too long
You can't be surprised by repetition
It's not new to be losing
But the score still means nothing
Do you remember when grief meant something
The weight of it keeps me from turning over new leaves
Do you know what I mean when I say I miss you even though you're here with me
Your facets' edges cut deep
All I want is to go back to dreaming
But I can't stop the cuts from bleeding
I didn't know about shallow
Until I saw my insides were hollow
Every time I thought I heard something it was just an echo
I am alone