## Leo of St. David

Tonight at dinner in a little Greek restaurant, my wife Vicki said, "Have you seen my husband lately?"

"Yes, I have. I am your husband."

And she laughed a little, and said "I must be losing my mind." And, of course, she is. Even though she can't always put our relationship in context, she still speaks to me as her most trusted friend, and that is maybe the most important thing right now.

At dinner tonight she tried so hard with so much courage and humor to contextualize her life, our life together, with our sons. "Where do they live," she asked? "Do they come to see us?" Are they married? I know I have known them a long time and I did my best, and did a lot of things with them. I was with them. I know I love them."

"You were a wonderful mother, they were everything to you, you gave them everything and they are happy and good men because of you."

"I am happy I can talk to you this way. It is important for me."

"Me, too."

Please help me," she said,"if I do anything stupid."

"Like what?"

"If I hurt them in any way."

"I will."

Last weekend we went to see the sandhill cranes at Whitewater Draw in southeastern Arizona with our friends Jerome and Sue. They have been at our side, unfaltering in the face of this change and the loss and the harbinger of more loss it represents. The Sandhill Crane migration is one of a dwindling number of mass animal migrations, and watching it is as awe inspiring as it is a sad reminder of what we have lost and are losing. We went last year, too. I wrote a poem about it with the refrain "We are here..." which I think sounds like the cry of the cranes as they come down to land on the water. Here it is.

The Coming and Going of Cranes

Sandhill cranes, elegant as the concubine's kimono, forming at first like barely visible wisps of smoke undulating over the mountains in the eastern desert haze of mid morning and then and coming and coming in wave after wave, hour after hour to this desert wetland, fed by water flowed down from the mountains that had been still, at rest in the aquifer for 4,000,000 years, cranes coming and coming with their jubilant, insistent cries, we are here, we are here, we are here, in the world come to this resting and feeding place, just like the 10,000 generations before came, and came. and came. We are here. We are here.

We have been married for fifty years. Not so long. It does not seem at all long. There are moments now when she does not remember the names of our sons. We are sitting side by side on the edge of the wetland looking up into the gyre of 1,000 sandhill cranes descending in striations from above, some moving clockwise, others counter clockwise, we are here, gliding down, their gilded underwings sliding through the cloudless blue, so elegant, so much more here that is true in this golden, trilling whirlwind than can be described and codified by deadenders, poets, philosophers, priests and gurus.

We don't know where we've been, why we are or where we are going. The cranes see us better than we see them, know what we've done, what we can do. It is all so ancient, so maddeningly real, this jubilant swirl, so familiar, but so very brief. Yet, We are here. We are here.

On the way back this year from the cranes, we stopped at a little roadside stand in St. David, Arizona, which was founded in in the 1870's by Mormon settlers, or Latter Day Saints as they now prefer to be called. It is just a little bit down the road from the much better known town of Tombstone. There are now about 1,600 people living there. It sits near the banks of the San Pedro River, one of the last living, perennial rivers in Arizona. But it is only a river by desert standards, which means it has water in it, albeit just enough at times to get your feet wet.

The largest building in St. David is the Stake House of the Latter Day Saints just off Highway 80. Just down highway 80 a bit on the other side of the road is the Catholic Holy Trinity Monastery.

We pulled up to the roadside stand beneath the winter-bare cottonwoods. The sun was getting lower, and it was soft on the pond behind the stand and we had the barest of breezes. The stand had one pound bags of seasoned pistachios for sale, salted, unsalted, garlic, peppered, chipotle, and more with free samples so that you could make an informed choice. Leo was the proprietor, a diffident but approachable man in a beaten up straw hat and a hard used T-shirt and a pair suspenders holding up his jeans . He would lift his hand a little as the cars past, a little gesture, but I suspect an effective one.

Leo had some pecans, too, and a sign advertised honey for sale, but I didn't see any honey on the table. "Do you have honey? "I asked him.

"I do. Can't sell it on Sunday." I didn't think I heard him correctly.

"What? What do you mean?"

"Can't sell it on Sunday. Can't have it on the table."

"Why?"

"Man who produces the honey's wife died, and he married a younger woman, 15 years younger, and she says we can't sell in on Sundays. We used to, but then the first wife died and he does what the new wife wants. There's no law in the bible that says you can't sell honey on Sunday."

"Oh," I said, 'well do you have any around?"

"Yeah, over in the trailer."

And then we walked over to the trailer and Leo reached in took out a bottle of honey for me. I asked him if he would mind if we had a little picnic behind his stand, and he said go right ahead. Help yourself. Later when we were having our picnic on the soft tree duff and in the dappled shade and I could see Leo lifting his arm in a little diffident wave at the passing cars, I put some of the Sunday honey on a slice of apple, and I had the thought that this was the best honey I've ever tasted.

I went back over to the stand to get a bag of pistachios, and Leo and I talked a little. He didn't eat the pistachios, he said. "Don't have any teeth," and then I noticed that was a fact. He didn't smile at all. "My dad had the same problem," he said, "lost his teeth early. But he ate pistachios anyway.

"How'd he do that?" I asked.

"He gummed 'em to death, I guess," he said, and Leo almost smiled.

He was from Boston, had been in St. David for 37 years. Would have never known that by looking at him, but what do we ever really know by looking at someone? He didn't make or grow the pistachios, got them from the monastery. He said he had had a rough year.

"What's going on? "I asked.

"Well, my wife died, then my son died two weeks later, found him frozen behind the courthouse in Boston, and then my dog died, all within three weeks."

"That is hard. "I said. "Very, very hard. Terrible. I am so sorry."

"Yes," he said. "Thank you. Life goes so fast," he said, looking at me directly, "in a nano second."

"Yes, I know."

And we did know that between us there.

"Take care of yourself, Leo." We shook hands. "You, too."

"Take it easy, Leo," I called back as I walked to the car. And he lifted his hand a bit in recognition and turned back to waving at the cars going down the road in the settling light of the afternoon beneath the winter-bare cottonwoods.

## **False Coordinates**

I love you all, want you desperately, but you cannot be my coordinates. I can't set my way by you, by what you say, by your attention, your tribute, your disdain, your adulation or your pain.

If I am in a dream, in the womb of a sycamore above the water of a sacred river on the edge of a pristine frozen plain, that's my business, mine alone.

I can't have you doing the calculations for a way through that you can't see and that only I can follow, can I?

(When I say "I," think "you.")

If you don't like the color of my shirt, or the part in my hair,

should I pretend I'm not alone and brush it over

the other way so that you'll

be happy and someday I'll be sad?

No, the truth is, everyone is already in the rearview mirror and I am going directly to the place that only I can know.

You, too.

## At the Altar of Being

The Sphinx moths are large, the size of a delicate hand, say, my wife's hand, the wings black and white in fractal repetitions, their eyes aglow in the dark when struck by light, like a deer, a dozen of them in amongst the midnight Cirrus blooms glowing white, there is nothing whiter than the desert night flowers which spend just one night under the moonlight in the moist, cinnamon scented air, the sound of Sphinx moths slowly undulating wings the only sound there is, then the graceful dropping descent between the velvet, long-expectant petals, through the powdery mist of the anther's saffron pollen as the long tongue unfolds and slips between the labia of the stigma and the stamens and laps at the sweet nectary.

I think I should pray here, that if I am to be left behind, it would be good to pray, to get down on a knee, but one knee is not enough, to get down on both knees in the gravel and the dirt here amongst the Sphinx moths and the Cirrus blooms in the perfumed moonlit air is to relinquish any claim other than to being, to be suspended between ineffable grief and ineffable gratitude, to be both those in the instant.

to let the heart grow larger than can be imagined at the altar of these beings, of this being. This is all there ever really was, all that there really is, all we ever need or needed.

I read of the last man of an uncontacted tribe deep in the Amazon, alone and hidden for thirty years from those who destroyed all that he loved and knew and understood, from those who wanted more than there is. They found him dead in his hammock outside of his hut, adorned in a rainbow of macaw feathers, ready at last for the moment when he could fly to his people. I understand him here, with the flowers, the moths, the moon, the sound of the undulating fractal wings. with this gift of air, he is my brother, he is our brother, and I. too. and we, too, when left behind, adorned in feathers, will fly to our people.

## Not the Longing

It's just part of the deal.

Who doesn't want a dog that will never die? A home that will never fall? A voice that will never crack?

Longing is the heart of the long dream. For a lost child, a kinder mother. A faithful brother. A heart that never skips a beat. To be taller. For unclenched teeth. For health, enough to eat, a final explanation. You name it.

For the innocence. the green fields, the black earth, where I lie. a child humming with the bees, hidden in the fields of mustard, in the life of the grasses, in the life of the planet, chewing the milky bases of the blades the sunny sweetness running down my throat that's become suddenly a light sparked brook, I become the sun, the black earth, the grasses and all of the around. No discrimination, no separation. I long the lost nation.

For the high flying circus life, bumbling, clowning round the ring, chasing my hat, laughing, home with my kind, my funny, flying friends? for something upon which nothing depends, that will never unwind, something that always stays. Laughter is the finest satisfaction.

For a perfect lover right from the dream, right out of the sacred fire, to fill the original borderless space. To whisper into my perfect ear with her perfect electric mouth, you are complete, you are safe, in this forever place, you make me entire. The ghost consummation.

What is it? What is it In this long dream? Always alone, finding a way everywhere, everyway, in the water, across the cliff, through the uncertain crowds, there, in the dream, to find a way, to the culmination. To be the life, not the longing.

To be the life.