# **Fight or Flight**

With a plastic syringe, I dispense three beads of water to the hushed

beak. He is dyingquiet and ethereal in my hand. Meager efforts

evolve too late and fail to assuage the institutionalized condition from which it

suffers. A murder of crows shriek in violation and barrage the airways with outrage.

Apathy settles on alabaster masses. Eyes reflect the distortions of a whitewashed mind.

But I can't erase a youthful flight. Innocence unaware, the predator's proclivity – ruin.

The embodiment of ignorance breeds a "perceived threat". A coward's bullet explodes

your heart. I am left to consider unwavering racism amidst the velvety feathers.

### Surrender

Motivations aside, the marriage hangs, Unpredictable not just day by day, but like a spinning prism, twisting and flashing. *I promise to be true to you...* Appearances conducted, the union waivers, Indecisively Not by choice of either partner, but as a lightning strike, jagged and crashing. in good times and in bad... Coffins opened, the promise balances, Carelessly not by conscious negligence, the void unearths her sins, mocking and laughing. in sickness and in health... Rages stifled, the bond trembles, Atomically not intended by his energy, they are magnets that repel, rejecting and clashing. I will love you and honor you...

A mind infected, the grasp releases,

Desperately

not for lack of love, but a surrender to madness, relentless and lasting all the days of my life.

#### WAITING

Beyond the threshold of the formidable establishment Harried souls consider circumstance and fate. A congregation of characters seeking asylum from their own collection of demons.

An unspoken language conveys a shared agony, a paralyzing darkness. Each being invocating for divine counsel, internally pleading for an hour of safe-haven.

This pained herd of creatures with a common wolf at its back, offers up plastic cards for a promise of salvation; dollars of the disturbed.

The waiting room is a psychological limbo where invisible fiends prey and feed on fragile minds. Breathing ceases with the opening of the hallowed door. Who among these vexed souls is the chosen one?

Heaven is home to the delusional.

What conjurings transpire to rectify the shadowed brain? Various experts shepherd patients to private chambers Where sins and secrets purge and float on air.

Cynicism and truth keep me from the light. Twice, I confessed in the shrouded box without reprieve, an eternity of "Hail Marys" abandoned at conception. Now, I plead only for conformity of mind.

The door is open for me; a chance of rebirth, a remodeled creation of self. No saints or sorcery can cure my condition, no faith, no hope, maybe nothing, maybe.

A familiar gaze, devoid of condemnation affirms a communion born of trust. Recognition evokes pain in my chest. Tears leak from unsuspecting eyes.

### AWAKENING

Glass implodes, fracturing the enclosure Through poison veils Oxygen cuts like jagged shears.

Scattered diamonds form a brilliant coronet On bleak cement A grotesque sleep interrupted.

The stead-fast rhythm warped by desperation Beneath dead weight My beating heart persists.

Had it untangled the mass of theorems In perfect chambers My consciousness eschewed?

Did the stable drumming of its intent Through vast atriums Hush the clamor from my head?

Bruised lungs expand involuntarily With newborn terrors What alchemy can fix me now?

## ILLUSION

First snow Streaks the portrait of a home Dusting a renovated roof An exposed structure suffers the weight Beneath expectations.

First snow Blankets the lawnmower Quieting proven capabilities A newfound resource endures the restraint Within a confined space.

First snow Alights on grass and tree Murmuring, "Time is up." One scarlet leaf committed to evolve Amidst a tangle of habit.