

“Inner Peace”

I couldn't fathom
the intricacies of
my heart or the
crossfire I felt
and perhaps this
is what made me human
trying to grasp and
fathom things I
haven't felt,
things I
was beginning
to feel while trying to
respect my heart by
giving it
what it wanted
inner peace

“Freedom”

I have fallen

I asked to be free

and I have fallen

I reek of old bark,

bare branches

and desperation

You ask what freedom

tastes like and the

words can't seem to

dance off my tongue

Even though I am free

it seems as though

freedom is an illusion

not entirely embraced

until you have

accepted its verity

I have fallen

I wish to reattach

myself to the tree

Desire has made

my heart scream

tied my feet to

the bare ground

but left my arms

wide open

"I am free"

I exclaim to

the world and its chaos

but in reality

I am a prisoner

to the past and my peace

is somewhere in the roots

of the tree I left

“Runaway”

He calls me the runaway

The way I run from

these painful discussions

The way I seek salvation

from the eerie silence

that brings up questions

I cannot bear to answer

The way I dart from anything that

resembles or promises change

The way I ask for the truth but get frustrated

with its rawness and only accept what I can handle

The way I seek comfort in someone else's arms

He calls me runaway and I whisper the same

“Lost For Words”

They ask me about you

My tongue is tied

I look for the words

to say you are gone

I try to chew and spit

the words out

but my mouth dries

and nothing cascades

from my lips

I fumble and fidget

How do I say that you are gone?

“Beliefs”

I wish I believed
that holding your
breath underwater
would help you
with the backfire
and that the temptation
of tomorrow was nothing
more than a figment of imagination
and the things that we so eagerly
chased were only temporary
and always managed to slip
through these feeble hands
I wish I believed that goodbyes
were never eternal even when
moments recreated themselves
in moments you thought to have moved on