CELL MEMORIES

Memories, like galaxies, race across time.

Vibrations of a life now spent.

What the mind can't remember, the cells pass on.

Bits of past realities woven into the tapestry of our lives.

Forgotten footsteps lead us down unknown paths and beckon us to recall.

Déjà vu moments sequencing themselves

into unrecognizable patterns of behavior.

Ghosts, still telling their stories

though the sound and movement is our own.

Words, whose wisdom can only be heard in the depths of our silence.

WE WERE MEANT TO DANCE

We were meant to dance our hearts meant to soar, our hips meant to sway to a song our souls have borne.

We were meant to move beneath the shinning stars, our bodies retelling stories marked with our ancestral scars.

We were meant to rule a continent now torn apart, bleeding with empty promises, piercing generational hearts.

Yet, our movements have been hampered, our hands and feet bound in chains, sent to a multitude of destinations, where only tattered hopes and lost freedom remains.

REMEMBRANCE

Millions will enter the Kingdom of Olo'Kun. Ancestral links Lost To the depths of his lair. Countless Souls erased from a continent Enslaved For the treasures beneath her soil. Restlessly In Oya's arms their spirits linger, Waiting For a salvation that will never come То Anyone who moved beyond that door. Reclaim Your silenced voice and dance among the Splintered Stars for fires burn within for your soul Lives

THE CALL

Who will answer the call?

Will it be the under-aged mother of four, her life weighted down by the lack of opportunity and the abundance of poverty?

Who will answer the call?

Will it be the young brother, imprisoned in a world whose bars are made up of low expectations and bullet-ridden doubt?

Who will answer the call?

Will it be the designer-suit exec, too pre-occupied by greed, who has embraced the politics of plenty?

Who will answer the call?

Will they hear it when it's soft and mellow, gently whispering in their ear. Saying they are forbidden, not caring about their tears.

Will you be the one to answer it, or will you run and hide? Will you accept its challenge? Will you take another's side?

SONGS OF MY ANCESTORS

Songs of joy. Songs of fear. Written with your blood. Preserved in my tears.

Moving through time. Moving through space. Embodied in me, sent with God's grace.

Whisper your wisdom in my ears. Whisper your truths for the world to hear.

Sing sweetly to me as I lay here tonight.

sing ancestors, sing your songs. Sing for me in my dreams, once more!