

## THE CHOICE

Hold on, let go  
All is lost, last chance  
Looking down into the abyss  
Looking up into the agony

Pain lost in so much hope  
Hope lost in so much pain  
Dangling from the cliff  
Knowing there's a choice

Reach up grab on  
Let go fall into the chasm  
Grab on to relentless pain  
Fall helpless into the dark

Years of being held back  
Years of yearning  
Years of getting up  
Years of being pushed down

Fear of stepping forward  
Unrelenting cruel names  
Too many rules  
Threats, threats, threats

Fear of the unknown  
Unrelenting expectations  
Too many options  
Choices, choices, choices

Hold on, let go  
All is lost, last chance  
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## BRACKISH WATER

Brackish water swirls around me

Coalescing pure and briny

Perpetual flowing movement

Escaping in opposite directions

Self, undefined, brackish

Persistent indecision

Follow the pure

Follow the briny

Which way to go

Monotonous, benign, bland

Heavy, homogeneous, acrid

To long undecided

Life lived in vacillation

Searching for self

Too late, too tired

Acquiesce

Brackish water swirls around me

Coalescing pure and briny

Perpetual flowing movement

Escape in any direction – futile!

## OLD FACES

I see you and I wonder

Lines and wrinkles

Folds and creases

Old faces

Frown line

Inconsolable grief

Laugh lines

Constant joy

Furrowed brow

Endless worry

Forehead lines

Exhilarating surprises

Crow's feet

Failing vision

Crow's lines

Perpetual smile

Tear troughs

Endless grief

Tear creases

Unbounding joy

Lip wrinkles

Pursed disapproval

Lip lines

Abundant kisses

Lines and wrinkles

Folds and creases

Mirrors of life

Old faces