Waiting for Toast

Waiting for toast, I lean, head to cupboard door, waking to an old undoneness. Edgeless. Eyeless. A living palimpsest of my father poured in this pose.

His thin plaid robe hung from the curl of his spine.
Long slippered feet locked in linoleum.
When the toaster dinged him into being an audible lurch brought him upright.
Over cereal, I saw him reemerge in ironed black. Eyed him fastening the hard collar with its hidden snap.
Watched him walk trimly out to counsel and comfort.

I lean, breath folded.
Perhaps a pattern is traced but stacked ruins frame this unbrightened chest.
Ankles remain convinced by inertia and the gaping ache of my unreadiness. I wait for toast.

Daylight yawns over chalk white walls, nudges darkness along. Heaving through decades and density I push back. Veined hands on butter knife mine.

I drag my gaze across the windowsill, weigh the dewy green.
There, chickens hop from their ramp – gawky, sharp-eyed – fill their gullets and step unquestioning into the day's logic.

Flying

Without knowing
I would not call this speed
or motion –
just vibration,
white noise –
and after a while
it is nothing too.

Settled in 9F my hand around a plastic cup I look past spotted window lens to cloud field and blue.

But if I crane my neck
I see the steel-skinned wing
studded and creased
working its strength
trembling through the unlivable.

In the distant light a white line fades and spreads. Another raft of watchers has been here.

Ice shifts in clear cups. We sip and taste the tip of time before getting where we are going.

News

Standing at the kitchen window in Nana's flowered apron stringy at the seams and thin from hand wiping I lean on my hands and look out.

The greening yard and grazing chickens are patient beyond any knowledge of waiting.

I want the air to warm or an egg to be laid so I can finish making a meatloaf for my sister who waits for her husband to die or live or look at her like he really sees her though she stopped giving him the chance long before.

I forgot we'd given out our last dozen before starting in with diced onion, pepper, garlic, tomato paste and ground beef.
Like my mother always did
I took off my rings and set them on the sill beside a small vase awaiting flowers to be cut and brought indoors.
I squeezed the raw mess with my fingers in the yellow and white mixing bowl though I knew I'd have to do it again when I found an egg.

Standing at the window in Nana's apron flour pressed between its cotton threads the skin of my hands dried out from washing and cleaning and wiping down counters, I wait for news.

I watch the pacing of hens and their long shadows and feel the geologic pace of things that make us wait—patiently or not, beyond any care for our will—that write us into recipes of family then watch through the glacial eyes of eternity for our hands in the mix.