mutiny

last night my neighbor blasted an r. kelly song. i don't know how but i let him live. my stupid hands. my stupid hands and their dumb kindness. i could've killed him before the chorus but i froze. the song finished. is there a word for when the body abandons ship. am i just pathetic. the night i was broken into my bones stiffened until he finished. i think the word is betrayal.

when i survive my next suicide attempt do not applaud. my body hates me so much that it lives.

same old same old

Nicole with the small dog. Nicole with the small dog everyone loves more than Nicole. Nicole who feels the same. Nicole the third wheel. Nicole the ugly friend. Nicole no one looks at in group conversation. Nicole the far back. Nicole the tag along. Nicole cut from god's weakest side. Nicole the shaky spine. Nicole too sad to sex. Nicole loved most on her knees. Nicole the pipe cleaner. Nicole no one aftercares. Nicole no one cuddles. Nicole staring at the back of his back. Nicole who looks down ledges. Nicole who lives on the highest apartment floor. Nicole who picked it on purpose. Nicole whose poems worry you. Nicole are you suicidal. Nicole tells you no. Nicole pinocchio. Nicole magics another poem about rape. Nicole your work is so good! Nicole the entertainer. Nicole makes you happy you are not Nicole. Nicole the unluck. Nicole the war body. Nicole nicole's abuser. Nicole the blood blanket. Nicole the long sleeves. Nicole nicole's abuser. Nicole the black bitch. Nicole the body curse. Nicole the fourth floor. Nicole ready to fly

unsavage the boy

unhook his gaze unappetite the lust from hers burning in his belly dislocate the heat of his heavy limbs unpin his shadow from her silhouette peel his prickly pubic from under her hip undress her skin, the stench of his salt unglisten his sweat from her eye unclot her cold blood on the bed sheet and send it back to the heart. unfasten his fingers from her esophagus. return every choked vein that screamed against his grasp, return every silent swallow to her throat, return every stop he pushed into her pulse, return every stop his ears neglected every no every please she begged like a prayer under him. return the blood.

bleach the bed sheet back
to white repaint the night
a kinder color uncolor
the memory from her mind
return the girl her sanity
return the boy's hands
to his sides return the boy
to his mother return the sin
back to god return the sin back
to god

to all the girls who carry phantom men in the branches of their body: the women never left in the right hands: child of crimson cotton: *i love you*. tell me where you go to stop the shaking. & i will crawl with you there. i won't allow another boy to wear your blood home, do you hear me. god bless your womb alive & if you've ever tried to drink your body dry of him or scrape your skin of his scent, i will hold you 'til i break his refrain from your bones, sing with me, songs of sunlight spilling honey & staining our eyes golden i will hold you: up to the light: you are not broken glass, ghost girl, i love you. and your tremble heartbeat. staccato spasms. do you hear it. listen. listen. fuck god but may he bless your bones alive