

Now

I was there  
when you were born for the first time  
with new seal skin, shiny and slick.  
Below us, waves crashed against sharp rocks,  
banging and echoing like thunder.

I was there  
when you looked up and saw the blue above you  
and felt its warmth  
and sensed its promise.

I was there  
when you washed away the dirt  
and tasted what your need had created,  
intoxicated by your first taste of power.

I was there  
when you were mighty and brave,  
a soldier fighting for someone else's fears,  
killing yourself and your brothers.

I was there  
when you felt your way around,  
dizzy with love,  
clutching desperately, afraid of its pull  
until it dissolved in your hands.

I was there  
when you soared with joy,  
and plummeted into grief,  
dying and being born.

I was there  
and you saw me, felt me peering out  
from somewhere inside.

Your joy and fear,  
and prayers full of hope  
made room for us,  
gave us space to find one another.

Now we are one,  
reaching upward, ever-expanding  
Now.

## From the Top

At the peak of the mountain  
the fog hovers and swirls,  
spinning milky clouds,  
a mystery revealed.  
Below, the cows amble and lurch  
Unconcerned, understanding  
The secret.  
Nothing is as it once appeared.  
A single thread-  
A thin beam of light  
Holds the universe in perfect balance.

## Mother

Loose white sand  
dancing on warm breezes.  
Salty waves  
crashing over tumbling bodies.  
Burning sun  
licking bare skin.  
Shells crunching and popping –  
jewels of the sea.  
Hearts opened and poured out –  
giving and sharing love.  
Secrets whispered in the black night  
carried to God on balmy winds.  
Rhythm of throbbing ocean waves  
rocking me to peaceful sleep.  
Open souls touching tenderly –  
truth is felt deeply.