

## Never Again

It was twenty years ago,  
when, with crash and curse, I threw  
my high spiked heels into the trash  
and screamed in pain--my knees  
so maimed my teeth would gnash--  
No! Never! Not Again!  
Since then, but for one rash episode  
when I found a shoe so sleek,  
all blue and white, with oval open toe--  
oh you don't need to know--  
that I forgot the woe my knees would feel,  
no longer up to four inch heels,  
have I succumbed  
to shoes that numb  
or giving in to  
fashion's plot.  
No, never  
again  
will I seek  
a pair  
of sleek  
and  
sexy  
four  
inch  
heels