On Being a Widow

I mean I miss the momentary back rubs, the warmth of your hand on the spinal pain between my shoulder blades,

but maybe I sleep better now that you're not here. Or maybe not.

The void is wide open, expansive enough for both wakefulness and dreams

in the absence of your maleness not pressed into me at two in the morning,

in the weightlessness of your forearm no longer laying across my side,

in the empty air where your fingers no longer seek my belly and breast,

in me not fetus curled while you embrace me in sleep,

not folded inside your singular reach of us, not matching your rhythmic breath.

My solitary breath—I hardly hear it continues without you, the way memory of that slow dance in our dreams lingers within my skin.

We Are All Dying

The ash tree in our front yard is dying. Every morning branches and twigs are in the yard, the droppings of old age, the weariness of holding on, worn thin and brittle by expansive exposure.

Before cutting the grass, we gather these branches, not acknowledging their peaceful end nor the jagged sorrow that pokes and tears through plastic trash bags.

Like the branches and twigs, we too become weary, weakened by strong winds, soft winds, the slow watershed of loss, by the constant lifting of daily life.

We drop parts and pieces of us every day our hands less steady than before, our balance a bit off as we stand, eyesight weak in annoying dim light, dropped words we strain to hear.

We plop memories into shallow pools of refreshment our iced tea or hot coffee or energy drinks trying to maintain our rooted strength.

Our arms outstretched, we seek hugs, normalcy, or even lift them in praise, though we flail in even the softest breeze, stumble at even the slightest lean. The Marks of Good Intentions

Unfinished projects leave a trail of invisible punctuation.

For months—or even years exclamation marks surround abandoned notebooks.

And question marks slip into junk drawers stuffed with justifiable randomness.

And ellipses dots follow paint cans that patiently collect dust in the garage. And partially read books protect fancy bookmarks like hyphens.

Unfinished projects land softly in a halfway house in the mind and heart, that parenthetical space of our to-do list.

We feel the quiet tug of commas, like tiny hands reaching for us.