

In the Midst of All the Panic

I get overwhelmed with a feeling of dread
I can't calm the voices in my head
Telling me it would be better to end it all
This thought protrudes my brain no matter
How many times I have fought
This endless fall through the darkness
I promise I am working on
Shifting my thoughts to those of better days
Life has knocked me down-
And buried me in attempt to keep me from
The fresh air of freedom
Instead of giving in and accepting my fate
I kept digging
Even when my nailbeds began to bleed.
I won't give into the voices inside
I lay my head down to rest-
I will wake to another day-
Another day of fighting for a chance
To find my happy and
I am beginning to find it in you all over again.

Wanderlust

Lost in a wanderlust stage
Constantly searching for more
More to see
More to explore
Scanning the universe
For your touch
I need you more everyday

How long will I keep seeking
A part of you that is
No longer there?

Instead I want you
To be patient as I
Learn everything about
The man you have
Transformed into.

We are falling in love
All over again-
A love that is comforting
And has me begging for more.

In the Moonlight

The moon brings the creatures
Of the night.
As soon as the moonlight peaks
Through the clouds,
I feel something changing inside me.
My confidence-
My aura-
My calmness.

I can finally let go of all
The universe has
Brought me today.

I begin to feel the creature

I keep caged in the back of my mind,
It grows stronger,
Feeding off my confidence.

What kind of trouble
Can we get into
In the moonlight?

Silence in Panic

Silence is so rare to
Experience lately.
These voices are so loud-
It's becoming hard to think.
The world is crashing down
The way we always said it would.
Instead of coming together
We are becoming enemies.

We crave silence in this panic,
Just for a moment-
Breathe in and focus on the
Reality of our actions.
Open up your eyes-
What do you see?

Let's come together
And silence this demon
Only then will we be
Able to move on.