Baby, you better own it!

I own my own mistakes
As any grown woman should

I own my own flaws

And still see the greater good

I own my own pain Most I brought upon myself

I own my own happiness Pulling dreams back off the shelf

I own my own financial condition It is up to me to build lasting wealth

I own my own state of well-being It is up to me to regain my overall health

I own my own future and my own plight I own the effort with which I must fight

What I refuse to own

Are the labels which have been imposed upon me

I refuse to be your mammy, nanny, or your pickaninny I refuse to be your whipping post, or taken as a joke I may bow my head and you hear me say, Amen But don't get it twisted, you still can catch these hands

I own every beautiful, complicated, scarred and flawed piece of me But don't think just because you write my paycheck, you own me.

Slavery is over. Baby, I am free. And guess what, I OWN me.

Perspective

When he looks at me He is transfixed by my flaws

What he doesn't recognize Is the inherent beauty in them all

Blue Monday

I've always been a very old soul Experience makes one rich and bold

When all you've seen and heard Leads to the life lessons learned

The music speaks your mind When lost words you cannot find

They call it blue I call it true

Pain, joy, life and love Come together and merge as one

When the beat is old But the message universal

Blue Monday is merely one day out of a long week But it speaks love's truth for all of eternity.

#

Decisions, decisions...

What is one to do...

When the illusion seemed so real and true When the fallacy mimicked perceived reality When the warranty exceeded its guarantee?

Chop down that gnarly tree with a machete And burn all the remnants of useless debris

One must then take note of newly discovered scenery Learn what it means to view dear life unobstructedly

Just see. Just breathe. Just simply be.

Very plainly, my darling, what is one to do? Profoundly, simply, and succinctly, just be you.

Just. Be. You.

Circle of Life

CYCLE REPEATS. JOY BRINGS PAM, SMARTH SOUTH BRINGS LAWGANTER. TEARS BRING LAWGANTER. THE SOUTH BRINGS THE SO